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Adäquate Antibiotikatherapie beim septischen Patienten

Eine Frage der Dosis und Applikation?

**PEG, Bad Honnef-Symposium, Gustav
Stresemann Institut Bonn, 21.-22. März 2016**

Alexander Brinkmann

**Klinik für Anästhesie, operative Intensivmedizin und spezielle
Schmerztherapie**

Using the Number Needed to Treat to Assess Appropriate Antimicrobial Therapy as a Determinant of Outcome in Severe Sepsis and Septic Shock*

Cristina Vazquez-Guillamet, MD¹; Michael Scolari²; Marya D. Zilberberg, MD³;
Andrew F. Shorr, MD, MPH⁴; Scott T. Micek, PharmD⁵; Marin Kollef, MD²

Unabhängige Variable für Gesamt mortalität

Variables	OR	95% CI	p
Age ^a	1.3	1.1–1.5	0.009
Acute Physiology and Chronic Health Evaluation score ^a	1.7	1.4–2.1	<0.001
Duration of hospitalization prior to bacteremia ^a	1.3	1.1–1.6	0.002
Septic shock	2.3	1.9–2.8	<0.001
Mechanical ventilation	1.5	1.2–1.8	<0.001
Inappropriate antibiotics	3.4	2.8–4.1	<0.001
Prior hospitalization ^b	1.4	1.2–1.6	<0.001

2594 Patienten schwerer Sepsis, septischer Schock
787 Verstorbene (30%)

Critical Care Medicine, 11/2014

Unabhängige Variable für inadäquate AB-Therapie

Variables	OR	95% CI	p
Multidrug-resistant status	3.1	1.9–5.2	<0.001
Nonabdominal surgery	2.3	1.4–3.8	0.001
Prior antibiotics ^a	1.6	1.1–2.5	0.014
Resistance to cefepime	5.1	3.4–7.7	<0.001
Resistance to meropenem	5.7	2.8–12.0	<0.001

**Adäquate Antibiotikatherapie
NNT 4, um einen Tod zu verhindern!!**

Adäquate Antibiotikatherapie?

Sepsis, schwere Sepsis, septischer Schock

1913

THE LANCET, AUGUST 16, 1913.

Address in Pathology
on
CHEMOTHERAPEUTICS:
SCIENTIFIC PRINCIPLES, METHODS, AND RESULTS.
*Delivered before the Seventeenth International Congress
of Medicine*

BY WIRKL. GEH. OBER-MED.-RAT PROFESSOR
DR. PAUL EHRLICH,
DIRECTOR OF THE ROYAL INSTITUTE FOR EXPERIMENTAL THERAPY,
FRANKFURT AM M.

that "Corpora non agunt nisi liquida," then for chemotherapy the principle is true that "Corpora non agunt nisi fixata." When applied to the special case in point this means that parasites are only killed by those materials to which they have a certain relationship, by means of which they are fixed by them. I call such substances "parasitotropic." But I should like immediately to add that there are evident exceptions to this law. So, for instance, we are acquainted with a small series of cases in which the apparent therapeutic results are obtained, although the allied substances in question do not possess parasite-destroying qualities. That is the case in the infiltration of the subcutaneous tissues, which is caused by a kind of yeast (sporotrichosis). Here Block proved that the clinically highly therapeutic iodide of potassium first of all dissolves the cells of the infiltration, whilst the parasites, as such, are not in the least affected. But it is

2013

Kumar and Kethireddy *Critical Care* 2013, 17:104
<http://ccforum.com/content/17/1/104>

COMMENTARY

Emerging concepts in optimizing antimicrobial therapy of septic shock: speed is life but a hammer helps too

Anand Kumar^{*1} and Shravan Kethireddy²

Paul Ehrlich:
“Frapper fort et
frapper vite”

Anand Kumar:
“Speed is life but
a hammer helps too”

Adäquate Antibiotikatherapie

Eine Frage der Dosis u./o. Applikation?

5.12.2013

S3-Leitlinie „Strategien zur Sicherung rationaler Antibiotika-Anwendung im Krankenhaus“ veröffentlicht

3.1.4. Dosisoptimierung

Adäquate Anpassung und Optimierung der Dosierung und des Dosierungsintervalls sind bei der Therapie mit Antiinfektiva wesentliche Voraussetzungen für eine wirksame, sichere und verträgliche Anwendung und damit ein wichtiger Bestandteil von ABS-Programmen. Optimale Dosierung von Antiinfektiva soll neben den individuellen Charakteristika des Patienten, die Art und Schwere der Erkrankung, die verursachenden Erreger, die Begleitmedikation sowie die Pharmakokinetik und Pharmakodynamik der verordneten Substanzen berücksichtigen. Dosierungsoptimierungsstrategien in ABS-Programmen sollen Dosisanpassungen an Organfunktionen zur Vermeidung unerwünschter Arzneimittelwirkungen und das Vermeiden von unerwünschten Arzneimittelinteraktionen einschließen (A).

Daneben wird die Optimierung der Dosierungsintervalle und Infusionsdauer insbesondere bei kritisch kranken Patienten empfohlen, am besten unter Nutzung eines therapeutischen Drug-Monitorings (TDM); entsprechende lokal konsentierte Leitlinien sollten verfügbar und aktuell sein (B).

Bedeutung für die Praxis:

- Verlängerte Infusion von Betalaktamen (unter Berücksichtigung der physikalisch-chemischen Stabilität) sind vor allem bei kritisch Kranken sinnvoll und empfohlen..
- TDM kann Unter-/Überdosierung vermeiden und Organtoxizität minimieren.
- Programme zur Dosisoptimierung sind kosteneffektiv.

Adäquate Antibiotikatherapie

Eine Frage der Dosis u./o. Applikation?

- **Traditionelle Konzepte “one size fits all“ verfehlten PK/PD-Ziele**

- Unzureichende bakterielle Abtötung
 - Resistenzentwicklung

- **Intensivpatienten**

- Variabilität der substanzspezifischen Pharmakokinetik (vor allem β -Laktam-AB)
 - Bakterien häufiger MHK $\uparrow\uparrow$, resistent

- **Individualisierte Dosierung und Applikation mit TDM**

- Kakulationsprogramme (z.B. **CADDy**, webbasiert)
 - Prolongierte, kontinuierliche Applikation



Lancet Infect Dis 2014

Published Online

April 24, 2014

[http://dx.doi.org/10.1016/S1473-3099\(14\)70036-2](http://dx.doi.org/10.1016/S1473-3099(14)70036-2)

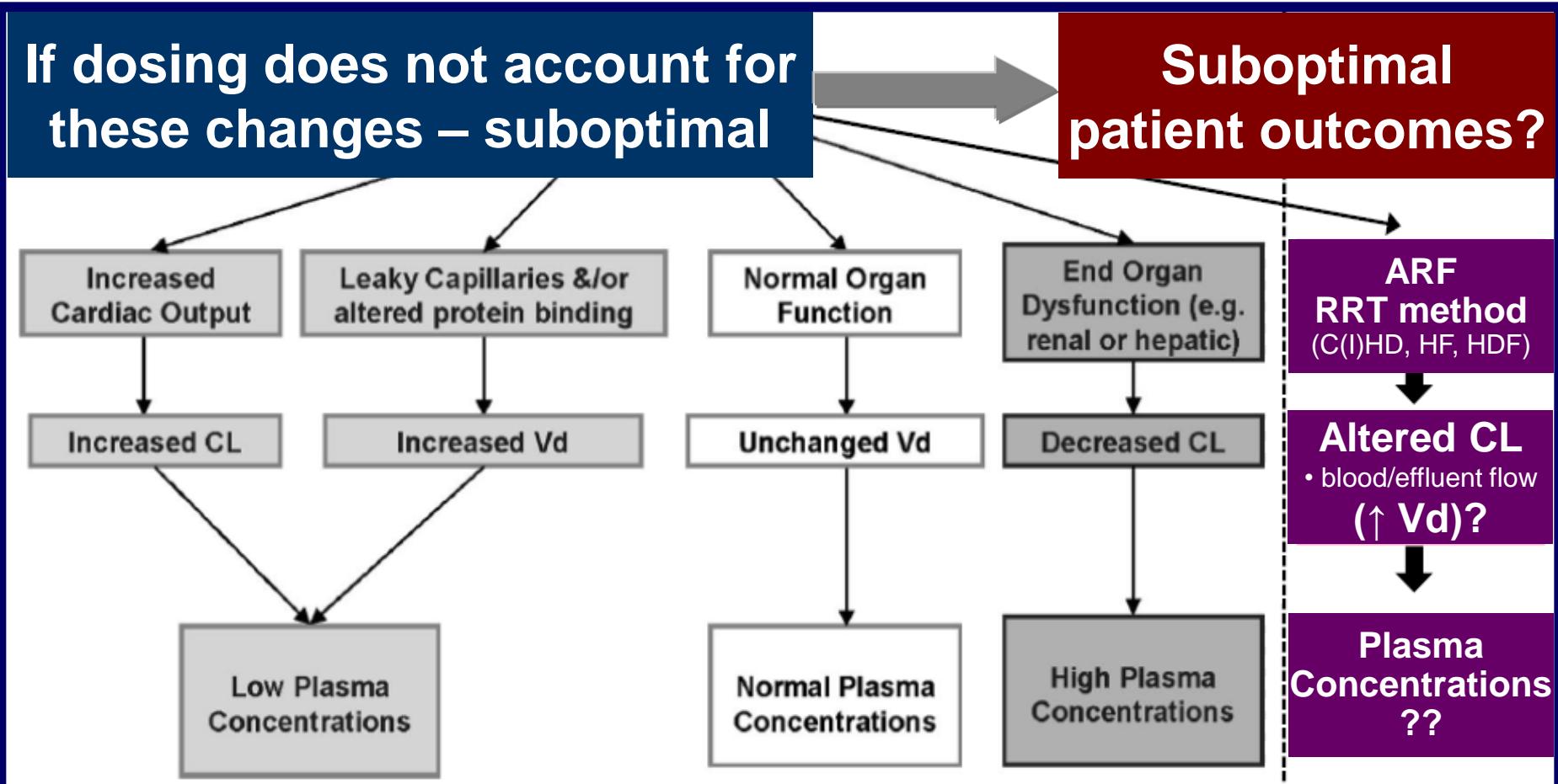
Burns, Trauma and Critical Care Research Centre, The University of Queensland, Brisbane, QLD, Australia

(Prof J A Roberts PhD,
M H Abdul-Aziz BPharm,
Prof J Lipman MD);

Department of Intensive Care Medicine, Royal Brisbane and Women's Hospital, Brisbane,

Adäquate Antibiotikatherapie

Sepsis verändert die Pharmakokinetik



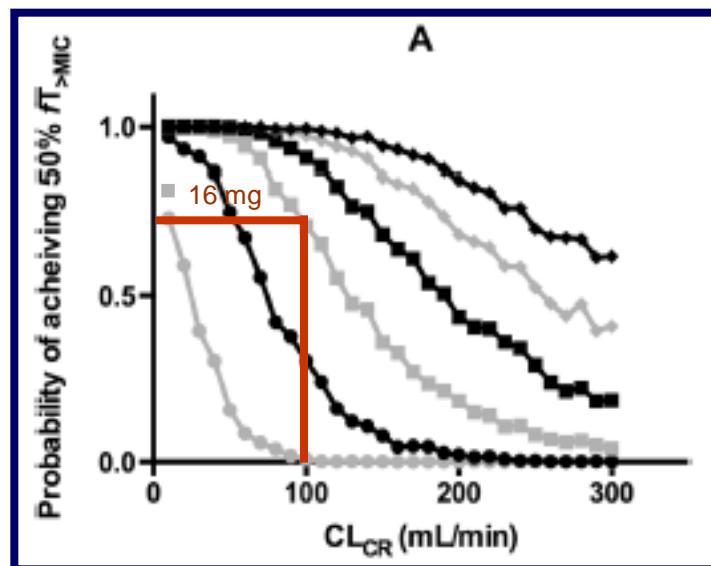
RESEARCH

Open Access

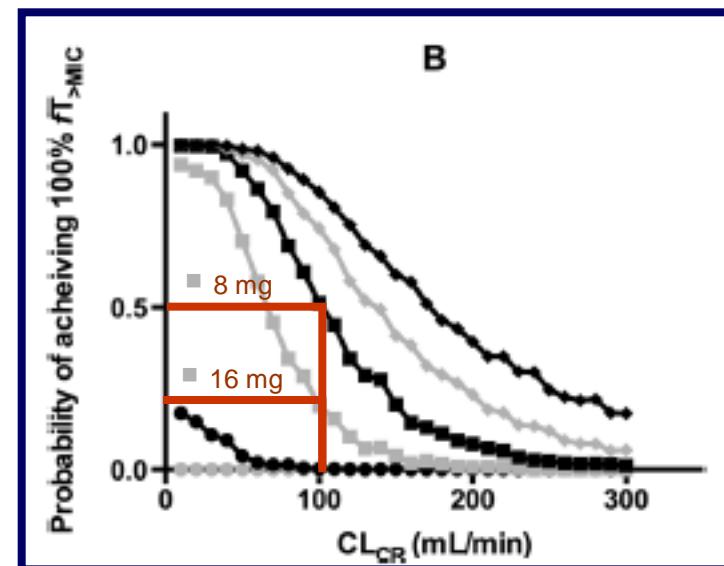
Are standard doses of piperacillin sufficient for critically ill patients with augmented creatinine clearance?

Andrew A Udy^{1*}, Jeffrey Lipman^{2,3}, Paul Jarrett³, Kerenafaftali Klein⁴, Steven C Wallis², Kashyap Patel⁵, Carl MJ Kirkpatrick⁵, Peter S Kruger^{2,6}, David L Paterson^{7,8}, Michael S Roberts⁹ and Jason A Roberts^{2,3}

4.5 g piperacillin-tazobactam, administered every 6 hours, intermittent 20-minutes infusion



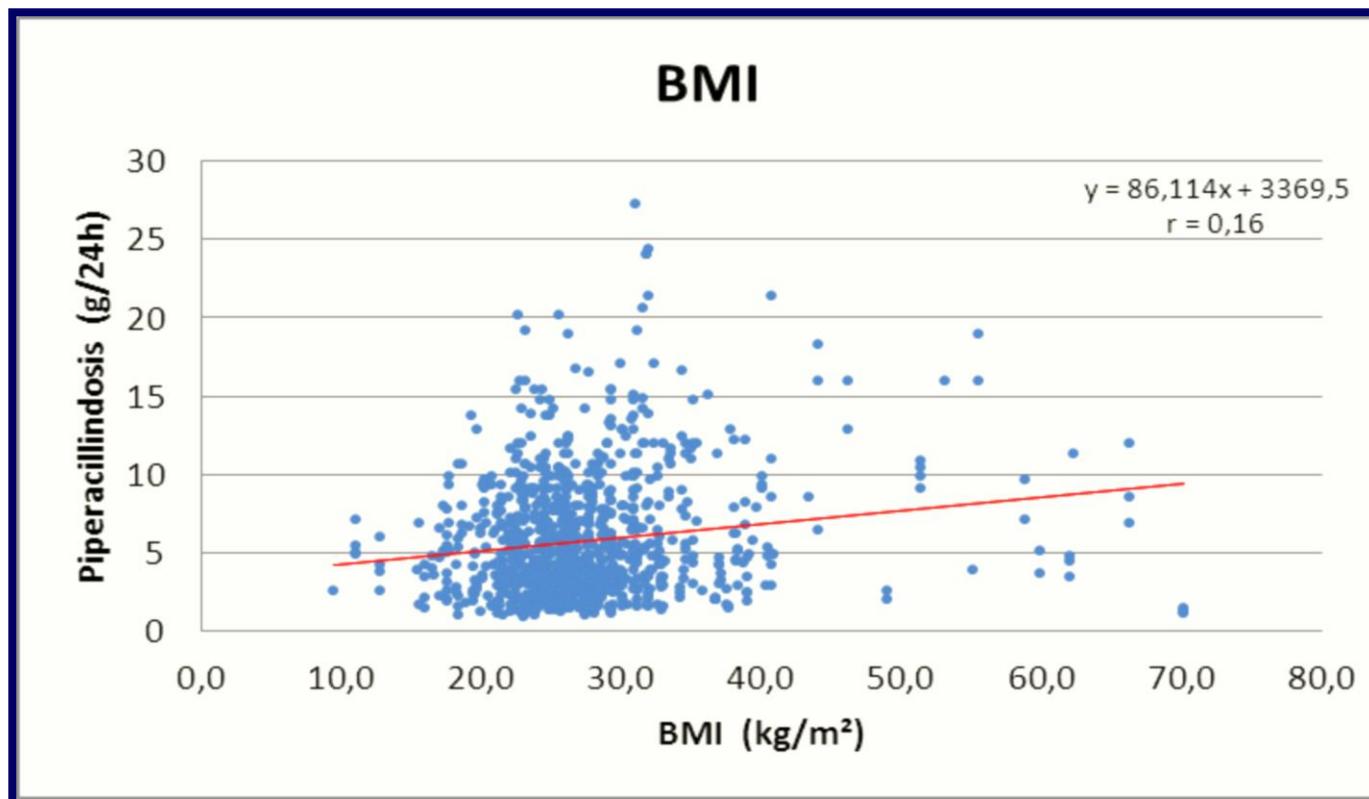
- MIC**
- ◆ 2 mg
 - ◆ 4 mg
 - 8 mg
 - 16 mg
 - 32 mg
 - 64 mg



Dosis von Piperacillin, ein Frage von Größe und Gewicht?

- **Keine Korrelation zwischen erforderlicher Piperacillindosis/BMI**

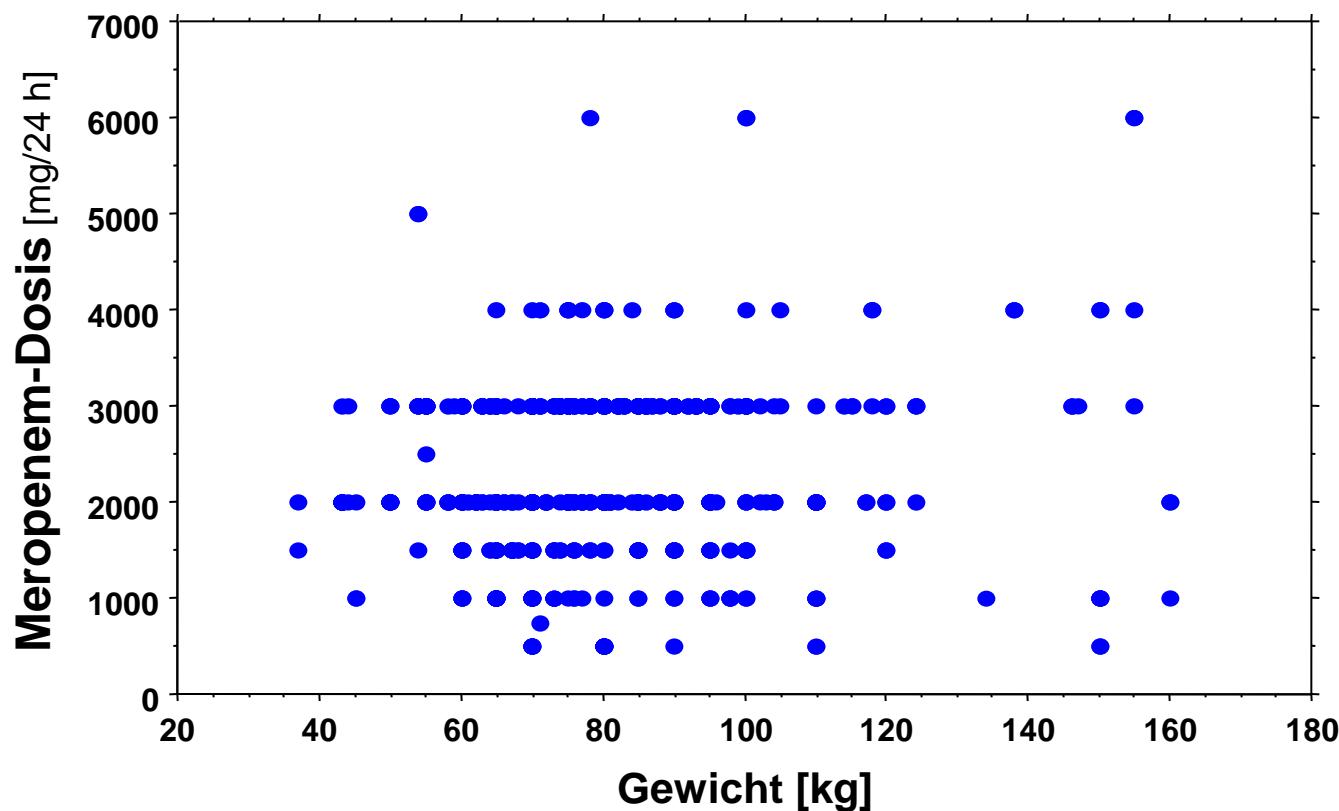
Ende 2008 bis Ende 2012; 550 Patienten mit Sepsis; 1046 Cpss unter kontinuierlicher Applikation von Piperacillin



Dosis von Meropenem, ein Frage von Größe und Gewicht?

- Keine Korrelation zwischen erforderlicher Meropenemdosis/Gewicht

Ende 2008 bis Ende 2012; 238 Patienten mit Sepsis; 557 Cpss unter kontinuierlicher Applikation von Meropenem



What is the effect of obesity on piperacillin and meropenem trough concentrations in critically ill patients?

Abdulaziz S. AlObaid¹, Alexander Brinkmann², Otto R. Frey², Anka C. Roehr², Sonia Luque^{3,4}, Santiago Grau^{3,4}, Gloria Wong¹, Mohd-Hafiz Abdul-Aziz¹, Michael S. Roberts⁵, Jeffrey Lipman^{1,6,7} and Jason A. Roberts^{1,6,8*}

Table 5. Binary logistic regression of factors predicting $fT_{>MIC}$ and $fT_{>4\times MIC}$

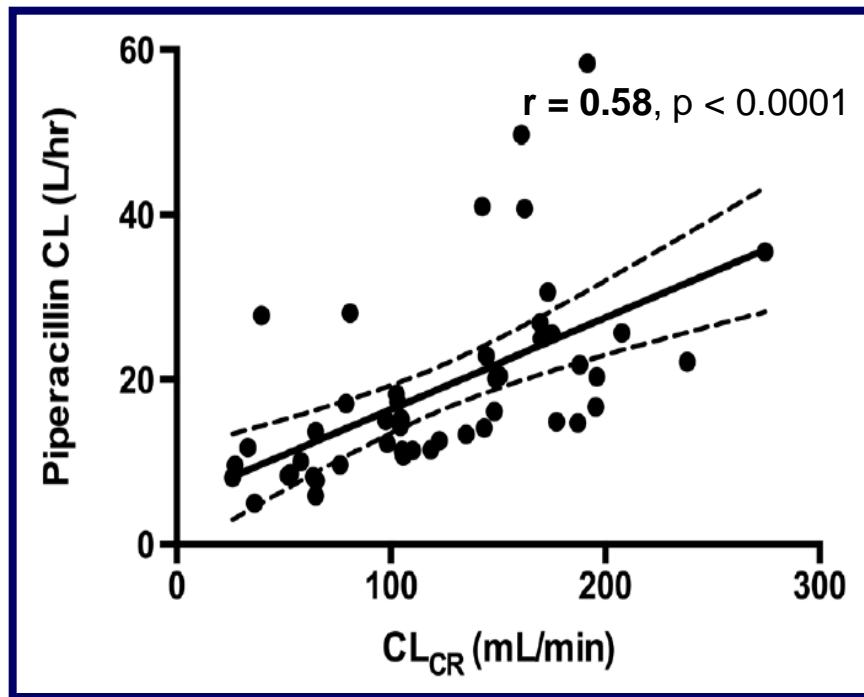
	OR (95% CI)		<i>P</i>
	piperacillin	<i>P</i>	
Factors predicting $fT_{>MIC}$			
prolonged infusion	8.39 (5.35–13.17)	<0.001	7.80 (3.72–16.38) <0.001
daily dose	1.07 (0.98–1.16)	0.123	0.86 (0.72–1.03) 0.091
$CL_{CR} \leq 50$ (mL/min)	3.53 (2.11–5.92)	<0.001	3.40 (0.86–13.51) 0.082
$CL_{CR} > 50$ to ≤ 100 (mL/min)	14.08 (7.41–27.08)	<0.001	21.74 (6.02–76.92) <0.001
$CL_{CR} > 100$ (mL/min)	1.00		1.00
age (years)	1.02 (1.00–1.03)	0.012	1.04 (1.01–1.06) 0.002
gender (male)	0.43 (0.28–0.64)	<0.001	1.14 (0.59–2.22) 0.700
BMI (kg/m^2)	0.77 (0.52–1.15)	0.203	1.29 (0.62–2.66) 0.496
Goodness-of-fit (Hosmer–Lemeshow test)	$\chi^2 = 11.109, df = 8$	0.196	$\chi^2 = 2.428, df = 8$ 0.965

Piperacillin-Clearance

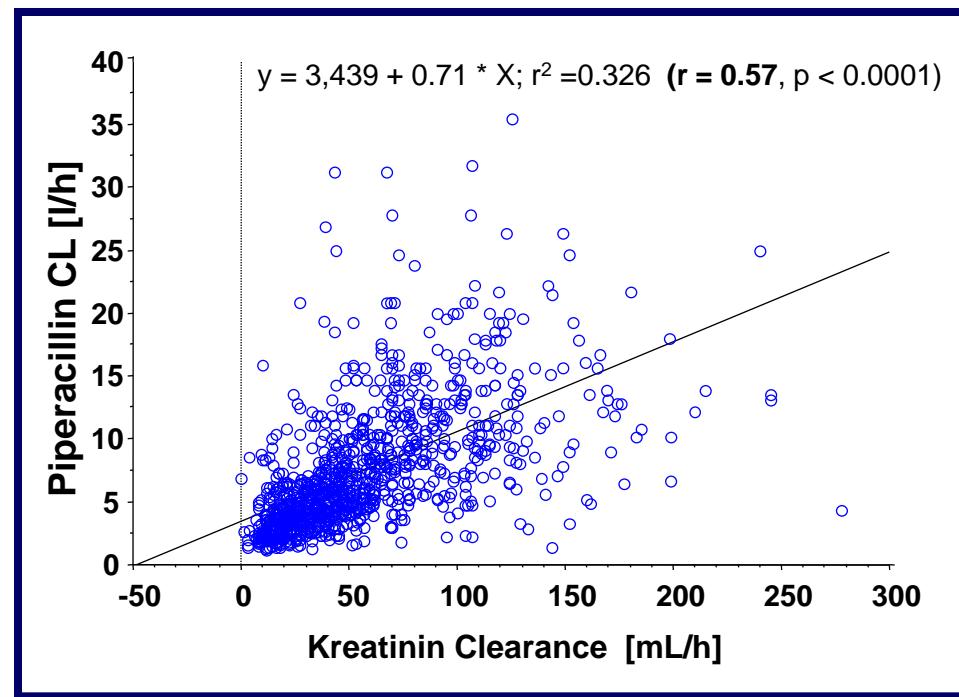
Kreatinin-Clearance, Korrelation

Piperacillin-Clearance

Brisbane, n = 48 Patienten

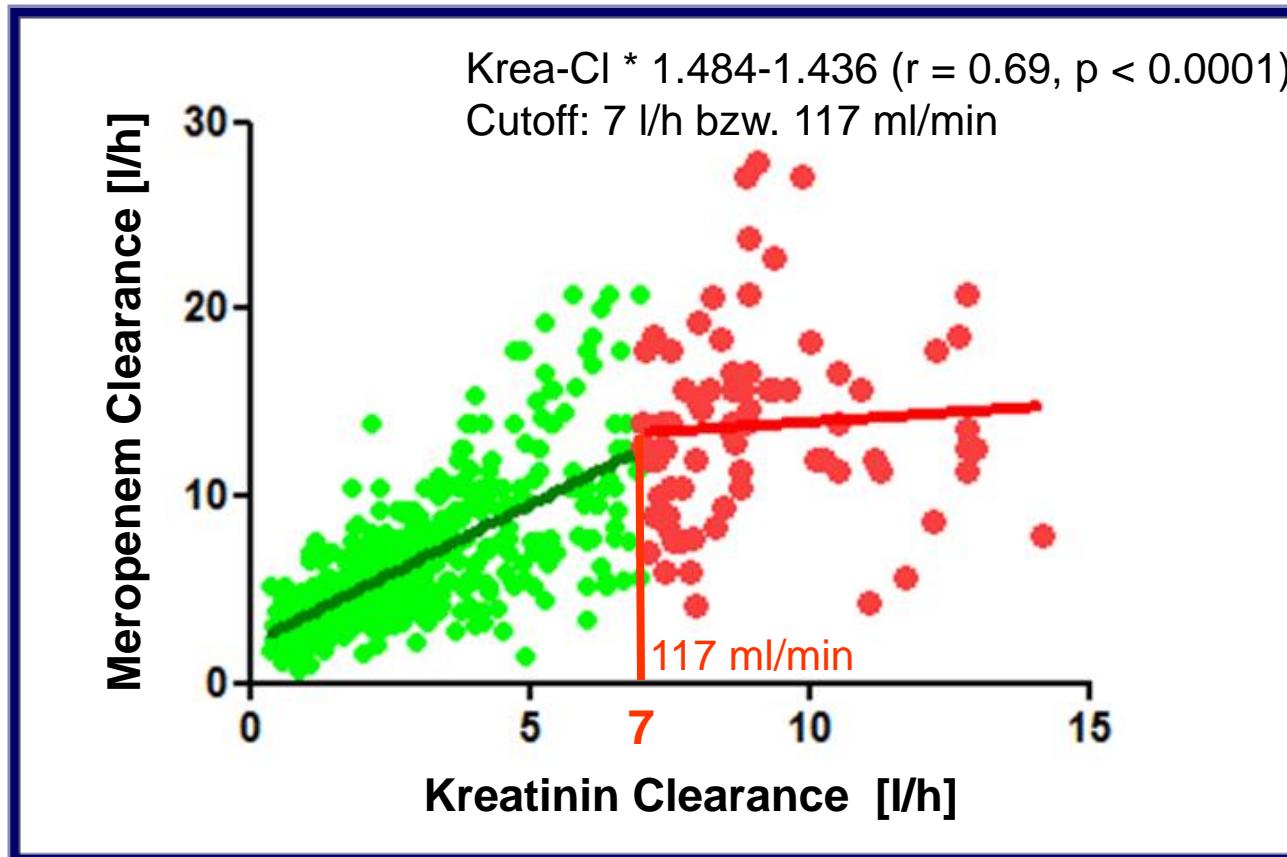


Heidenheim, n = 550 Patienten



Meropenem-Clearance

Kreatinin-Clearance, cutoff

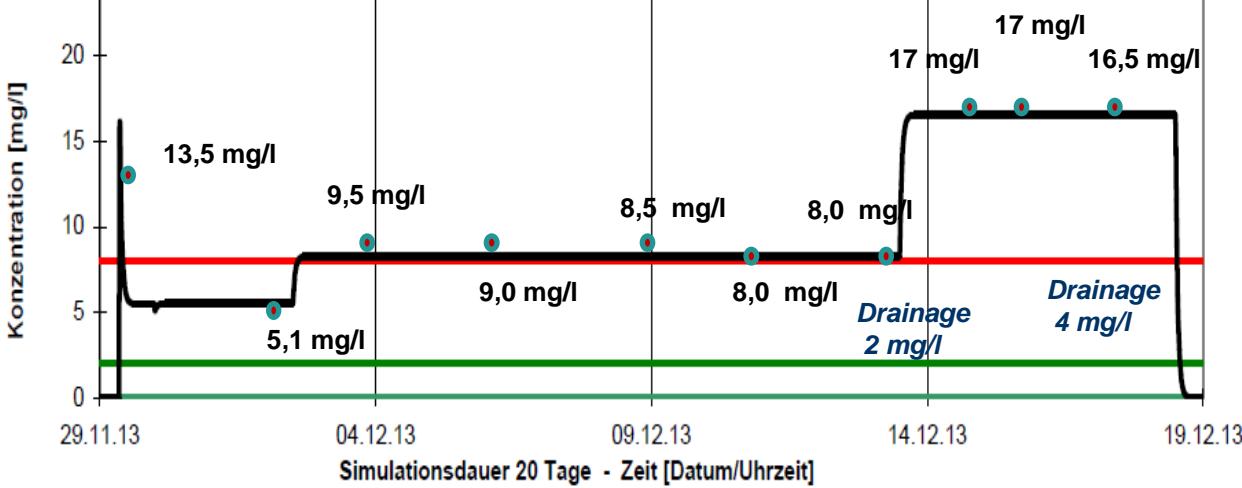


Meropenem-Clearance
Normalwert:
14-18 l/Std.

Serum ≠ Infektionsort

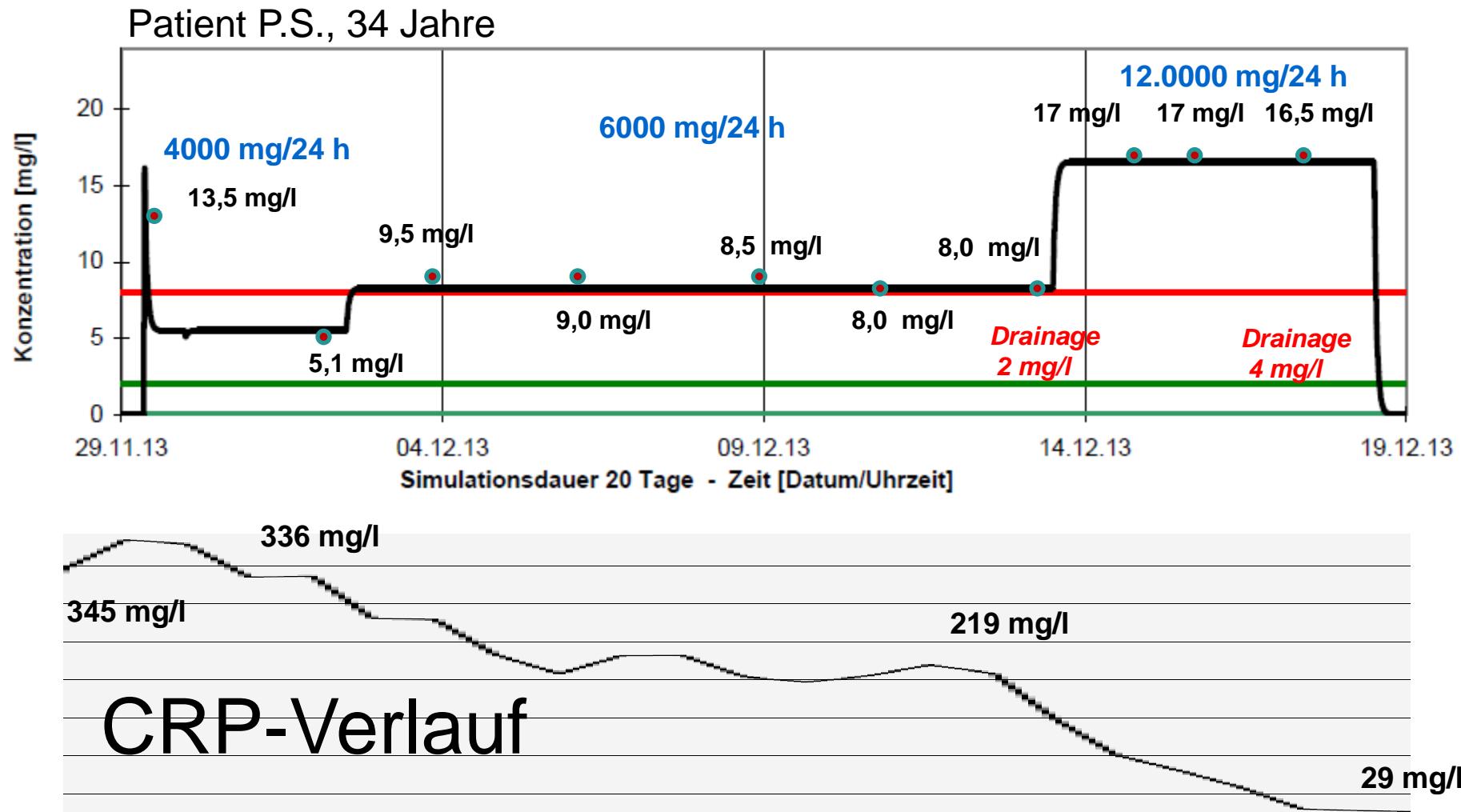
Biliäre, nekrotisierende Pankreatitis, 34 Jahre

- 185 cm, 100 kg
- Meropenem über 3 Wochen
 - 2 Tage 4 g Meropenem
 - 11 Tage 6 g Meropenem
 - 7 Tage 12 g Meropenem

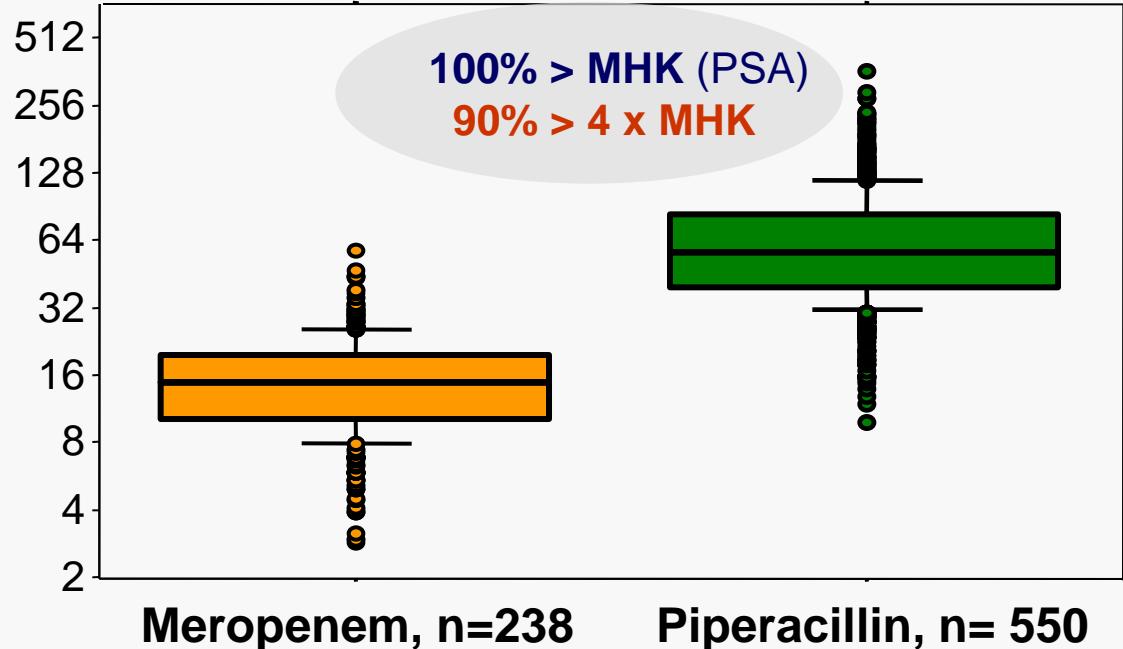


Serum ≠ Infektionsort

Beispiel Meropenem bei Pankreatitis



mg/l, [Log₂] Cpss unter kontinuierlicher Applikation



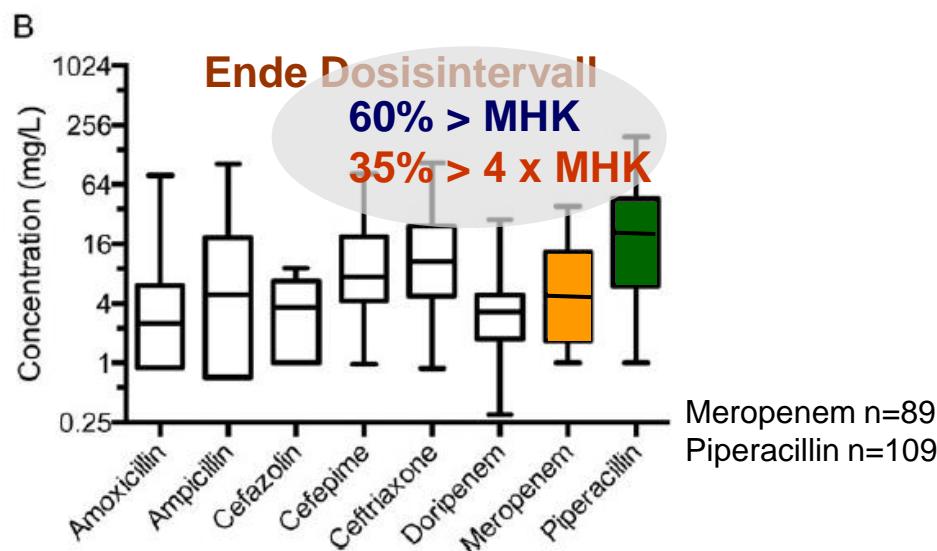
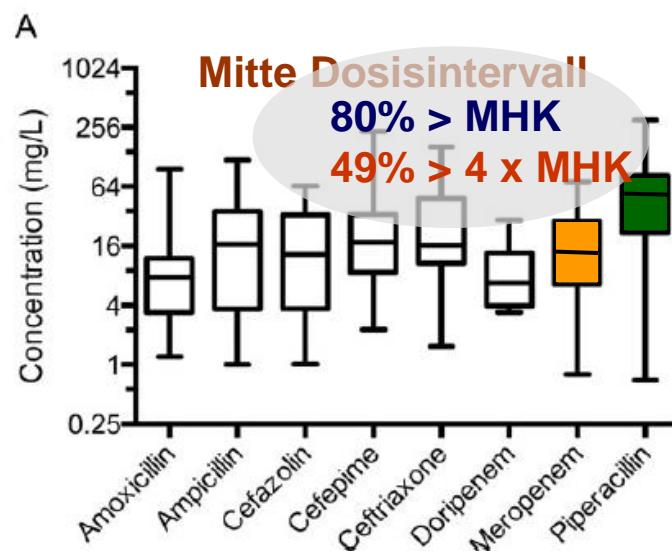
February 28, 2014

MAJOR ARTICLE

intensive
am
y Ill

361 Patienten gesamt
68 ICUs, 10 Länder
67% Bolus-Applikation
33% Prolongierte Appl.
(> 2 Std)

Le Dimopoulos,⁸
Mello,¹³



Interindividuelle Variabilität PK/PD

Individuelle Dosierung und tDM

Meropenem 3 x 1000 mg

Fluconazol 1 x 400 mg
Vancomycin 2 x 1000 mg
Gentamicin 1 x 400 mg



Meropenem ca. 3 – 60 mg/l (C_{pss})

Fluconazol 4-40 mg/l (C_{pss}) [>8-16(32)]
Vancomycin 5-50 mg/l Talspiegel [10-15(20) mg/l]
Gentamicin 0,1 – 10 mg/l Talspiegel [< 1,0(0,5)]



Hohe Variabilität PD Effekt

8-16 mg/l (C_{pss})
(32) mg/l (C_{pss})
Talspiegel 10-15(20) mg/l
Talspiegel < 1,0; C_{max} > 16 mg/l

Adäquate Dosierung?

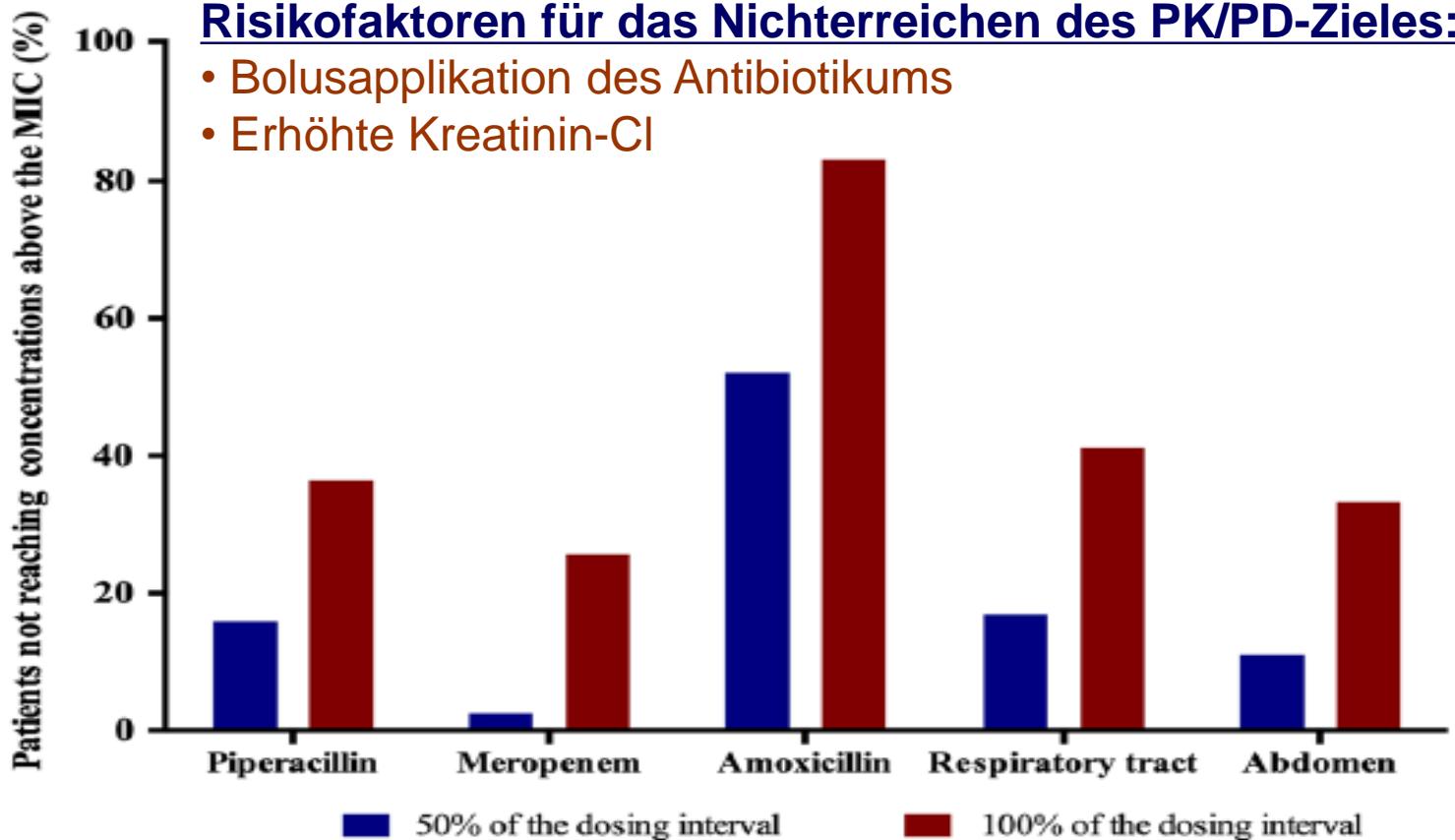
- Akutes Nierenversagen (ARF)
- Nierenersatzverfahren (RRT)



Geringe Variabilität PD Effekt

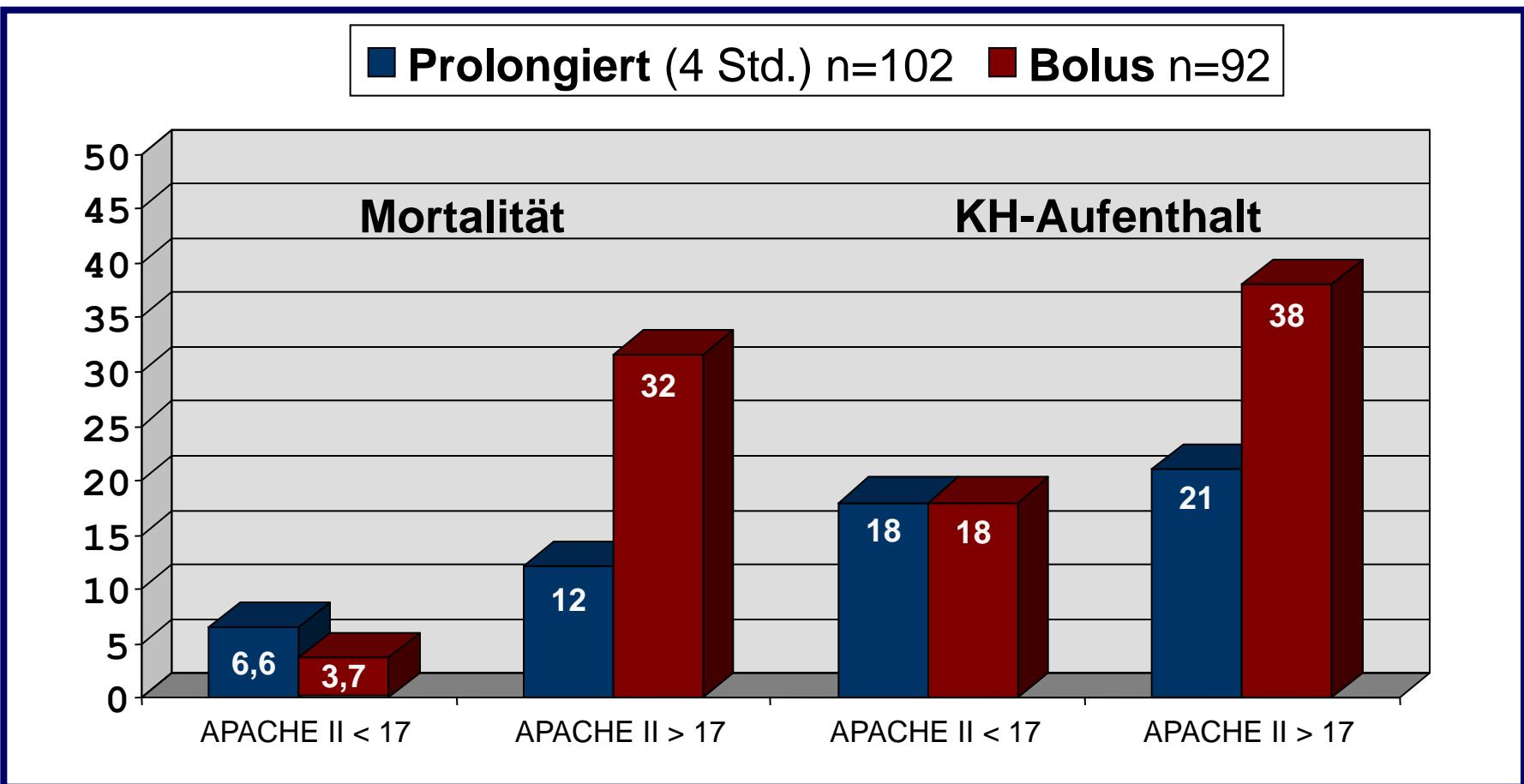
PK/PD-Ziel (Serumkonzentration > MIK)

Daten aus der DALI-Studie



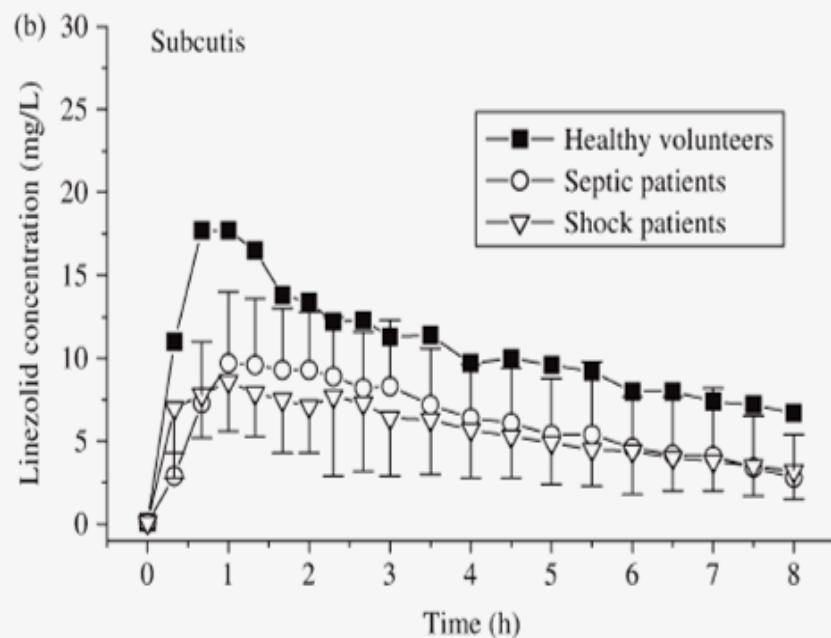
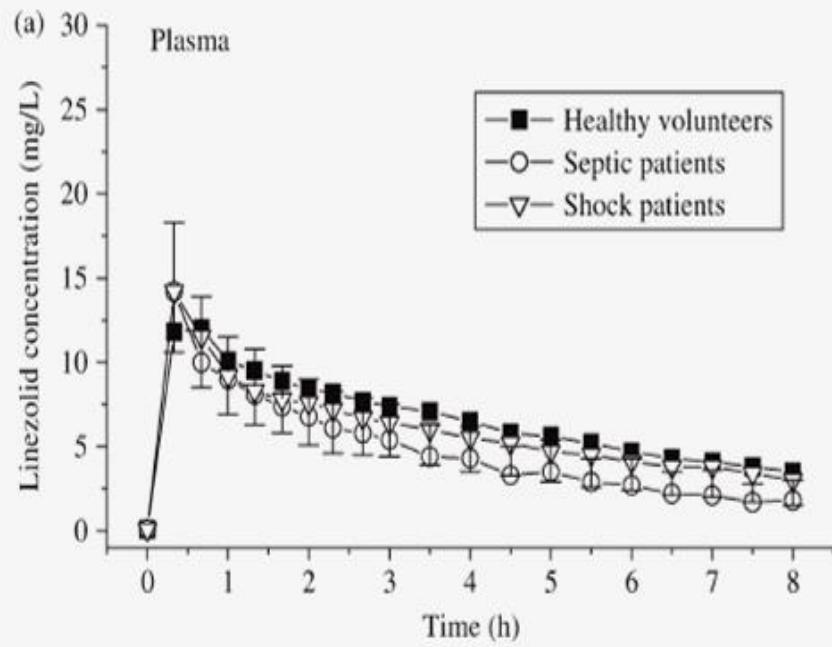
Antibiotika-Applikation

Prolongiert versus Bolus, Outcome (APACHE II)



Effect of severity of sepsis on tissue concentrations of linezolid

Christiane Thallinger^{1,2}, Cornelia Buerger³, Nele Plock³, Sascha Kljucar⁴, Sonja Wuenscher¹, Robert Sauermann¹, Charlotte Kloft³ and Christian Joukhadar^{5*}

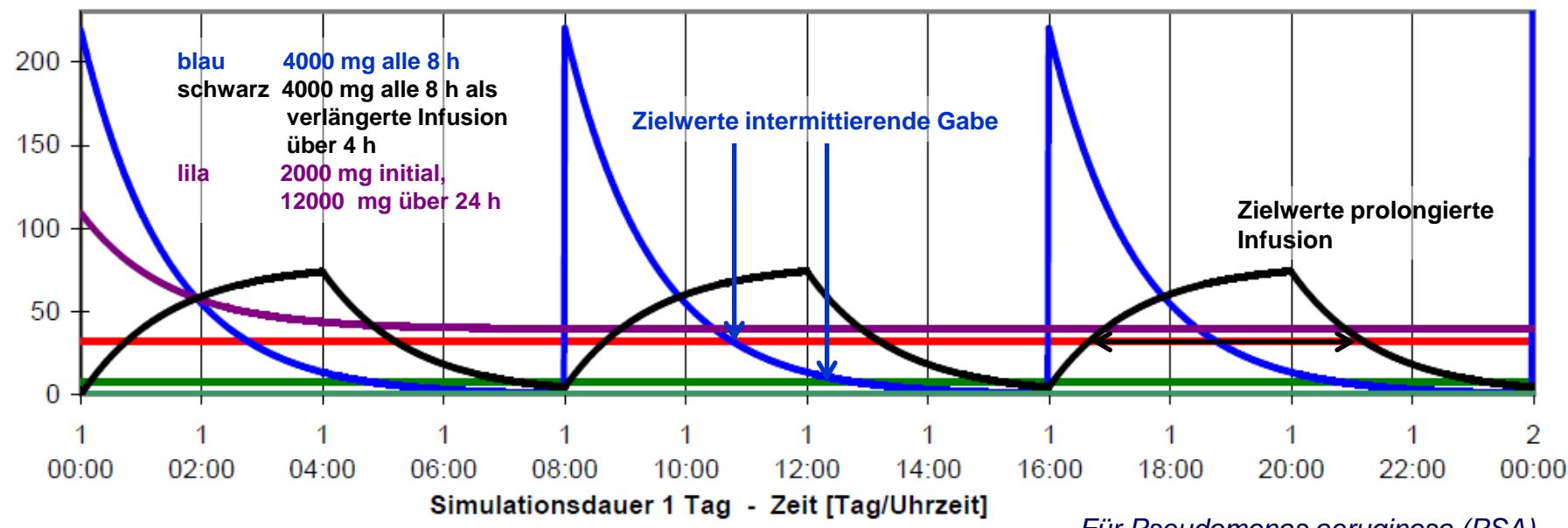


PK/PD Ziele Piperacillin (PSA)

EUCAST, Expertenmeinungen



- EUCAST: **40% der Zeit > MHK 8 (16) mg/l**
- Expertenmeinung: **50% der Zeit > 4-6 x MHK**
- Expertenmeinung: **100% der Zeit > 4-6 x MHK**



Für *Pseudomonas aeruginosa* (PSA)

Kontinuierlich versus Bolus

Metaanalyse 6/2013

PLAIN LANGUAGE SUMMARY

Alternative dosing strategies for intravenous antibiotics to treat severe infections

Intravenous (through the vein) antibiotics are used to treat severe bacterial infections. Currently, the most common way to administer

our multiple
active dosing
fusions over

*“The absence of proof
is not
proof of absence”*

... of any possible effect!

William Cowper (1731-1800)

Bolus vs. prolonged, continuous actual metaanalysis 11/2013, 5/2014

Research Highly accessed Open Access

Optimal dosing of antibiotics in critically ill patients by using continuous/extended infusions: a systematic review and meta-analysis

Clarence Chant^{1,2}, Ann Leung¹ and Jan O Friedrich^{2,3,4*}

* Corresponding author: Jan O Friedrich j.friedrich@utoronto.ca

1 Pharmacy Department, St. Michael's Hospital, Toronto, Canada
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For all author emails, please [log on](#).

Critical Care 2013, **17**:R279 doi:10.1186/cc13134

The electronic version of this article is the complete one and can be found online at:
<http://ccforum.com/content/17/6/R279>

Received: 3 August 2013
Accepted: 13 November 2013
Published: 29 November 2013

- 13 RCT (782), 13 cohort studies (2117)
- Reduced clinical failure RR 0.68
- Reduced ICU length of stay MD -1.5
- No reduced mortality

« Previous International Journal of Antimicrobial Agents
Volume 43, Issue 5, Pages 403-411, May 2014 Next »

Prolonged infusion versus intermittent boluses of β -lactam antibiotics for treatment of acute infections: a meta-analysis

Jocelyn Teo, Yixin Liew, Winnie Lee, Andrea Lay-Hoon Kwa

Received 3 October 2013; accepted 25 January 2014. published online 24 March 2014.

Abstract Full Text PDF Images References

Abstract

The clinical advantages of prolonged (extended/continuous) infusion remain controversial. Previous studies and reviews have failed to show consistent clinical benefits of extending the infusion time. This meta-analysis sought to determine whether prolonged β -lactam infusions were associated with a reduction in mortality and improvement in clinical success. A search of PubMed, EMBASE and The Cochrane Library for randomised controlled trials (RCTs) and observational studies comparing prolonged infusion with intermittent bolus administration of the same antibiotic in hospitalised adult patients was conducted. Primary outcomes evaluated were mortality and clinical success. A total of 29 studies with 2206 patients (18 RCTs and 11 observational studies) were included in the meta-analysis. Compared with intermittent boluses, use of prolonged infusion appeared to be associated with a significant reduction in mortality [pooled relative risk (RR) = 0.66, 95% confidence interval (CI) 0.53–0.83] and improvement in clinical success (RR = 1.12, 95% CI 1.03–1.21). Statistically significant benefit was supported by non-randomised studies (mortality, RR = 0.57, 95% CI 0.43–0.76; clinical success, RR = 1.34, 95% CI 1.02–1.76) but not by RCTs (mortality, RR = 0.83, 95% CI 0.57–1.21; clinical success, RR = 1.05, 95% CI 0.99–1.12). The positive results from observational studies, especially in the face of increasing antibiotic resistance, serve to justify the imperative need to conduct a large-scale, well-designed, multicentre RCT involving critically ill patients infected with high minimum inhibitory concentration pathogens to clearly substantiate this benefit.

- 18 RCT (1155), 11 cohort studies (1051)
- Increased clinical success RR 1.12
- Significant reduction in mortality RR 0.66

RESEARCH ARTICLE

Clinical Outcomes with Alternative Dosing Strategies for Piperacillin/Tazobactam: A Systematic Review and Meta-Analysis

Hui Yang^{1,2}, Chao Zhang^{1*}, Quanyu Zhou³, Yike Wang², Lujia Chen²

1 Department of pharmacy, Peking University Third Hospital, Beijing, China, **2** School of pharmaceutical sciences, Peking University, Beijing, China, **3** Department of pharmacy, The First People's Hospital of

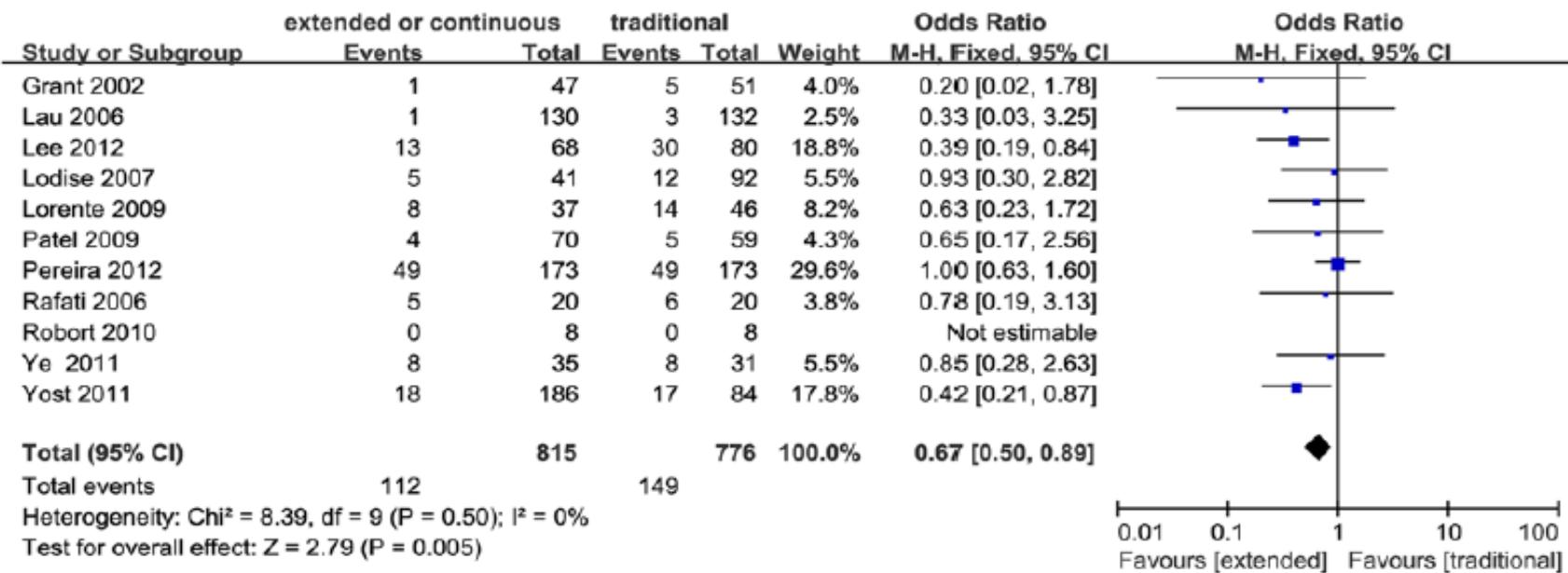
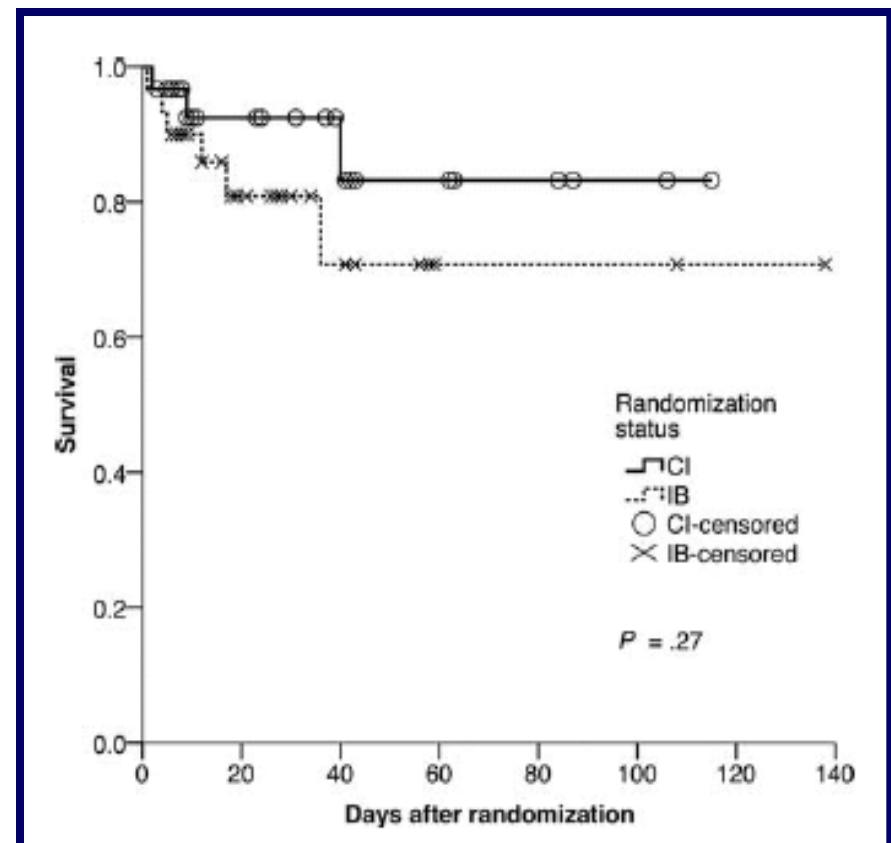


Figure 3. Forest plot depicting the odds ratios of mortality of patients receiving extended or continuous versus conventional intermittent infusion of piperacillin/tazobactam.

β -Laktam-Antibiotika (Bling 1)

Bolus versus kontinuierliche Applikation

- 60 Patienten mit schwerer Sepsis, septischen Schock
 - Bolus n=30
 - Kontinuierlich n=30
- PCT, doppel-blind/dummy
 - Piperacillin/Tazobactam
 - Meropenem
 - Ticarcillin/Clavulansäure
- Ergebnisse
 - Plasmakonzentration > MHK
 - 29% (B) 82% (K), p < 0.001
 - Heilungsrate
 - 43% (B) 70% (K), p < 0.032
 - KH-Mortalität
 - 20% (B) 10% (K), p < 0.47



Nachfolgestudie, multizentrisch

BLING 2 – outcome data

	Continuous (n = 212)	Intermittent (n = 220)	P Value
Alive ICU-free days	18 (2–24)	20 (3–24)	0.38
ICU survivors	21 (12–24)	22 (14–25)	0.12
Day-90 survival*†	156 (74.3)	158 (72.5)	0.67
ICU survival†	180 (84.9)	182 (82.7)	0.54
Hospital survival†‡	168 (79.2)	164 (74.9)	0.28
Clinical cure	111 (52.4)	109 (49.5)	0.56
Organ failure-free days	6 (0–10)	6 (0–11)	0.27
Duration of bacteremia, d§	0 (0–0)	0 (0–1)	0.24
ICU length of stay, d	7 (3–13)	6 (3–11)	0.042
Hospital length of stay, d	16 (8–32)	14 (8–27)	0.25
Adverse events	20 (9.4)	28 (12.7)	0.28
Serious adverse events	19 (9.0)	25 (11.4)	0.41

Dulhunty JM et al, Am J Respir Crit Care Med, 2015

- > 3 days therapy mortality:** 20.4% for CI and 27.6% for IB (P=0.14)
- Non-RRT patients:** 14.6 for CI and 18.7% for IB (hazard ratio = 0.78)



Mohd H. Abdul-Aziz
Helmi Sulaiman
Mohd-Basri Mat-Nor
Vineya Rai
Kang K. Wong
Mohd S. Hasan
Azrin N. Abd Rahman
Janattul A. Jamal
Steven C. Wallis
Jeffrey Lipman
Christine E. Staatz
Jason A. Roberts

Beta-Lactam Infusion in Severe Sepsis (BLISS): a prospective, two-centre, open-labelled randomised controlled trial of continuous versus intermittent beta-lactam infusion in critically ill patients with severe sepsis

Received: 19 November 2015

Accepted: 10 December 2015

Primary endpoint	Intervention (n = 70)	Control (n = 70)	Absolute difference (95 % CI)	Significance (p value) ^{a,b}
Clinical cure for ITT population, n (%)	39 (56)	24 (34)	22 (-0.4 to -0.1)	0.011
Clinical cure by antibiotic, n (%) ^c				
Piperacillin/tazobactam	22 (58)	15 (32)	26 (-0.4 to -0.1)	0.016
Meropenem	14 (67)	8 (38)	29 (-0.5 to 0.1)	0.064
Cefepime	3 (27)	1 (50)	23 (-0.3 to 0.7)	1.000
Clinical cure by concomitant antibiotic treatment, n (%)				
Yes	14 (42)	13 (39)	3 (-0.3 to 0.2)	0.802
No	25 (68)	11 (30)	38 (-0.6 to -0.2)	0.001
Clinical cure by site of infection, n (%) ^e				
Lung	27 (59)	12 (22)	25 (-0.4 to -0.1)	0.022
Clinical cure by <i>A. baumannii</i> or <i>P. aeruginosa</i> infection, n (%) ^f				
Yes	13 (52)	6 (25)	27 (-0.5 to 0.1)	0.052
No	10 (44)	12 (38)	6 (-0.3 to 0.2)	0.655

Kontinuierliche Applikation β-Lactam-Antibiotika (Editorial)

Continuous β-Lactam Infusion to Optimize Antibiotic Use

for
A

“A Knife cutting water“

- Optimal dose and application

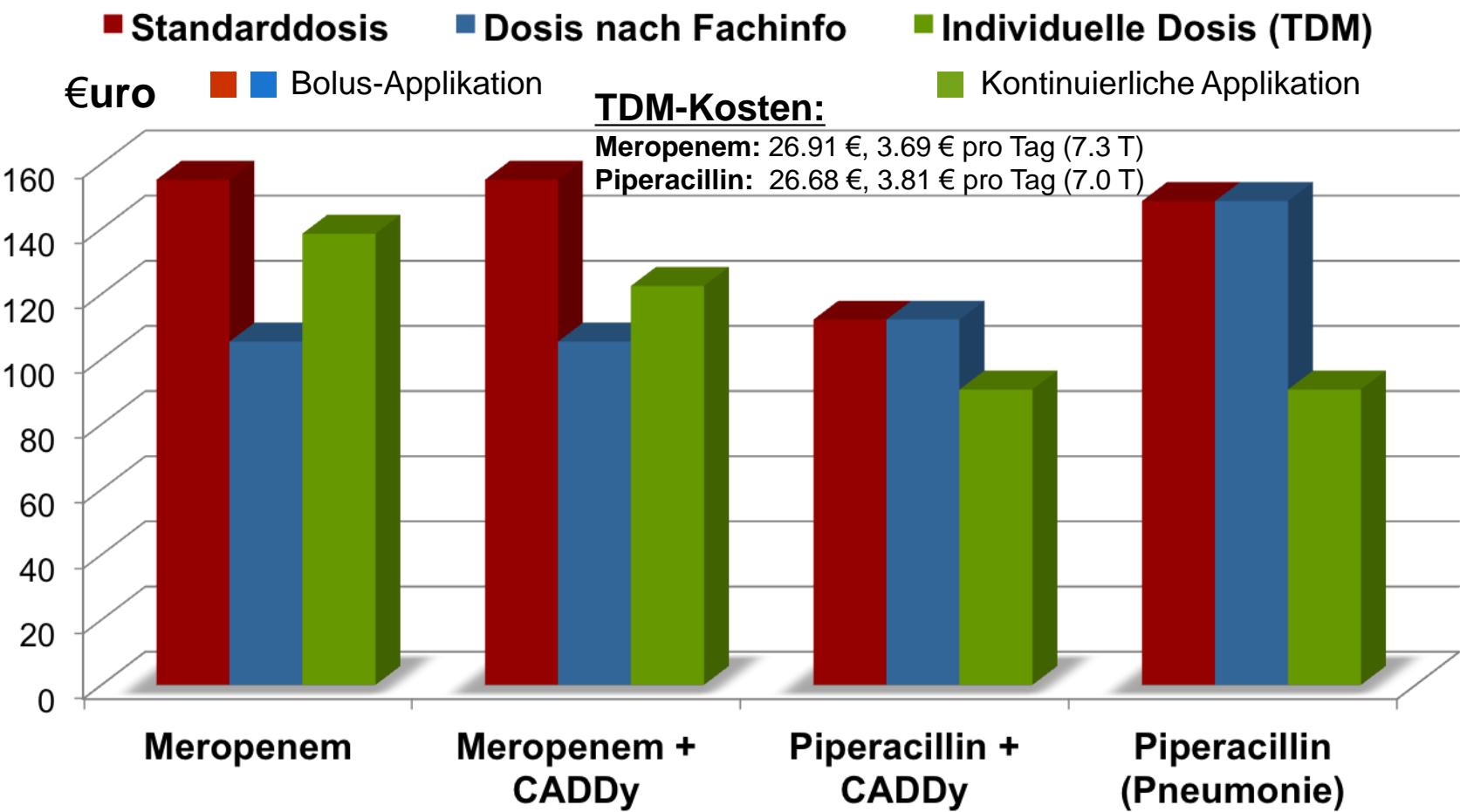
- The pathogen (MDR bacteria)
- The host (the critically ill, septic patient)
- The antibiotic itself
- TDM and individual dosing in the ICU (septic patient!)

- Optimize PK/PD-targets

- Improve bacterial killing
- Reduce adverse effects of potential toxic AB-levels

Adäquate Antibiotikatherapie

Aufwendungen (inklusive TDM), Kosten



Zusammenfassung

- **Adäquate Antibiotikatherapie bei Patienten mit schwerer Sepsis und septischem Schock ist auch eine Frage der individuellen Dosierung und Applikation**
- Standarddosierungen von antiinfektiven Arzneistoffen bei Intensivpatienten sind potentiell problematisch **β-Lactam-AB**)!
 - Veränderte pharmakokinetische Rahmenbedingungen (krankheitsbedingt)
 - Arzneistoffelimination, Verteilungsvolumen etc.
 - Große Gefahr der Unterdosierung oder Überdosierung
- Bei der Bolus-Applikation von **β-Laktam-Antibiotika werden Konzentrationen unter der MHK bereits nach 2-4 Std. erreicht**
 - Abhängig von der Applikationsform, Dosis und dem Dosisintervall
- **Kontinuierliche Applikation + therapeutisches Drug Monitoring**
 - Sicherer Erreichen PK/PD Zielwerten (**> 60% der Zeit > 4 x MHK**)
 - Bessere Gewebepenetration
 - Verringerung der Gefahr von Resistenzbildung

Unser wunderbares Team

Interdisziplinär und interprofessionell

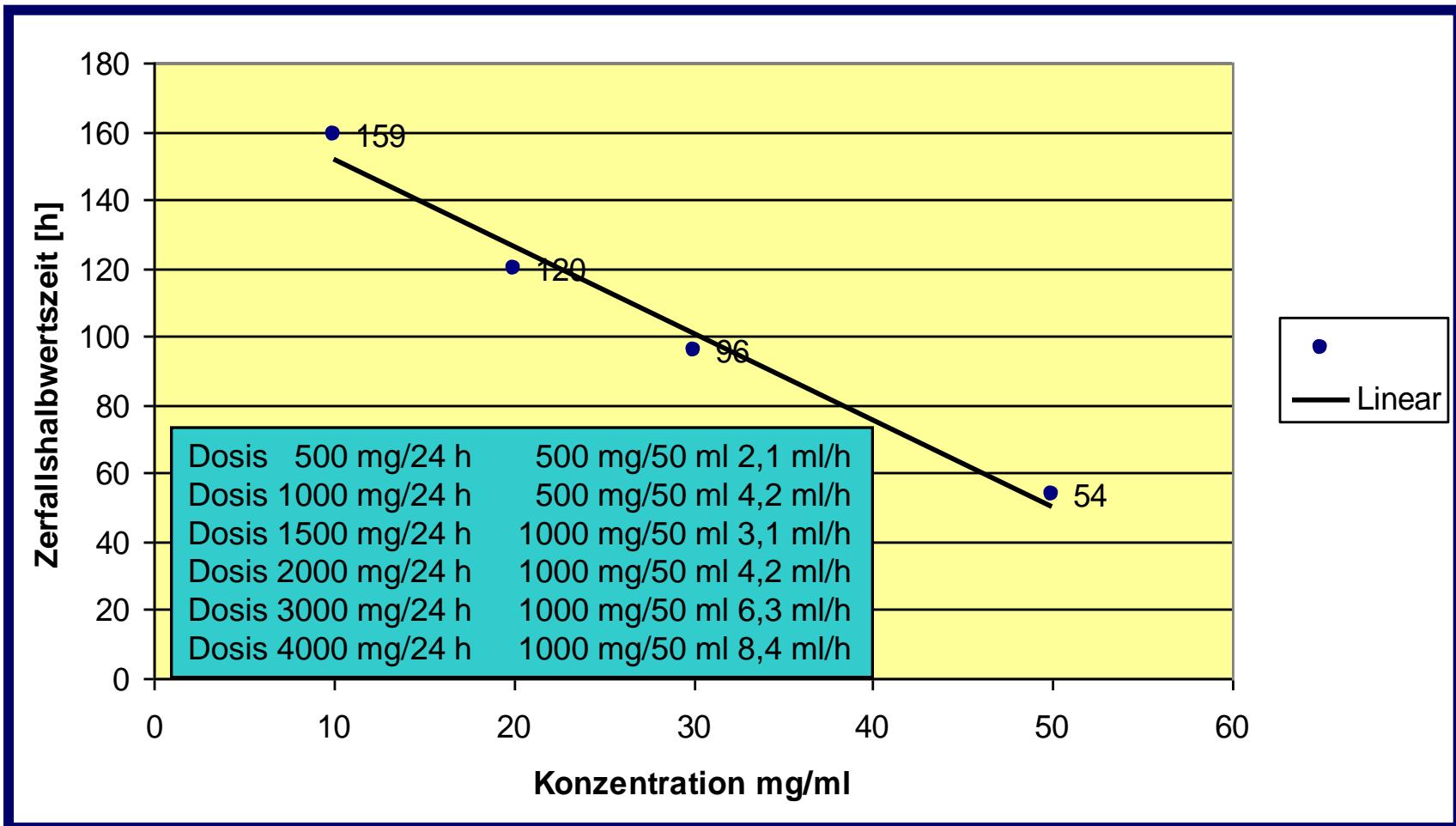
- **Klinikapotheken**
 - O. Frey
 - W. Probst
 - A. Röhr
 - J. Preissenberger
 - Apotheker
 - G. Meisel
 - PTA

- **Klinik für Anästhesie**
 - A. Köberer
 - Th. Fuchs
 - A. Brinkmann



Stabilität der Infusionslösungen

Zerfallshalbwertzeit (Meropenem)

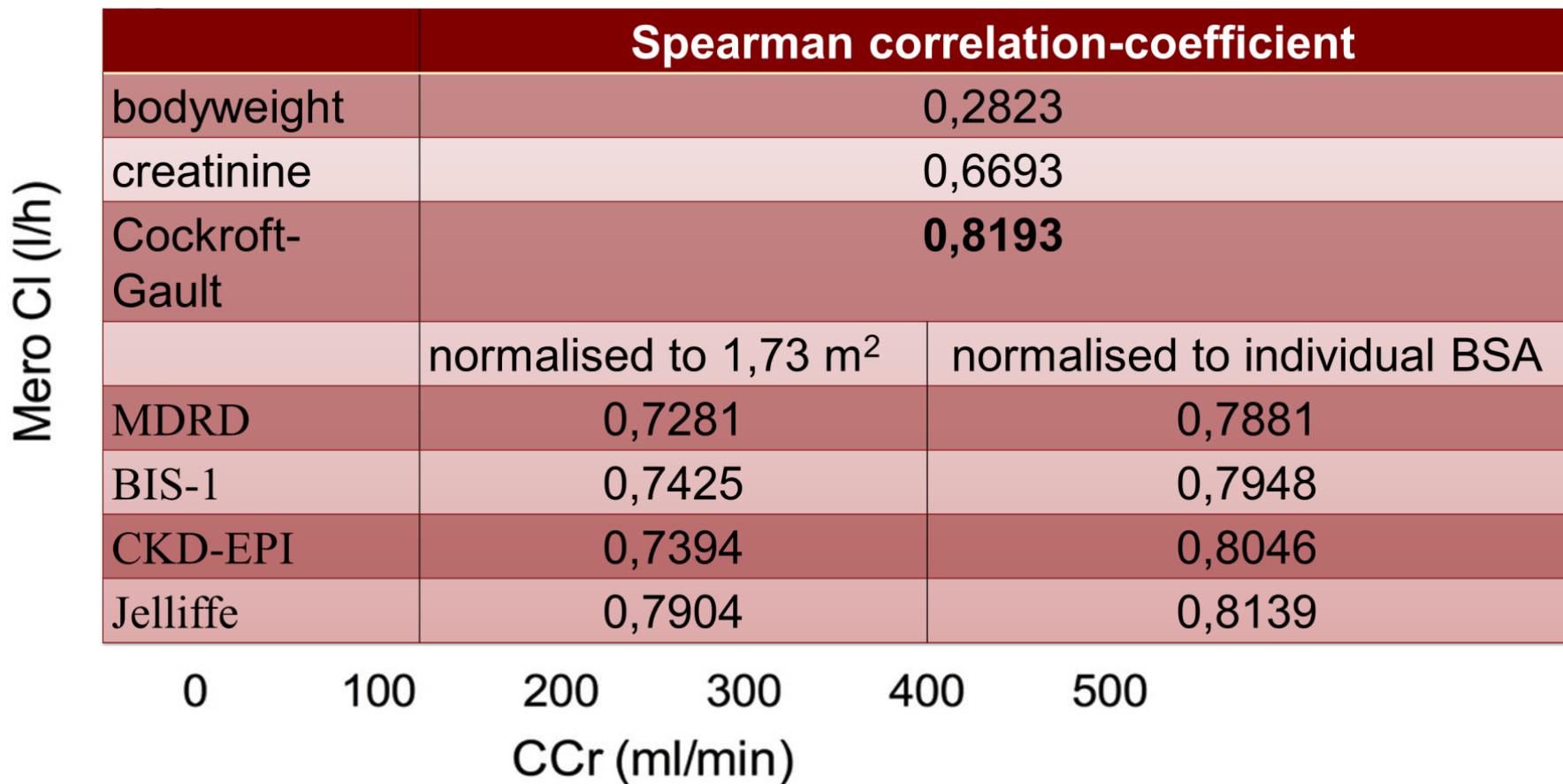


Stabilität der Infusionslösungen

Zerfallshalbwertzeit (Meropenem)

- **1500 mg in 50 ml Perfusor:**
 - Zerfallshalbwertszeit 96 h (30 mg/ml)
 - Krit. Konzentration (< 90%) ab **14,6 h**
- **1000 mg in 50 ml Perfusor:**
 - Zerfallshalbwertszeit 120 h (20 mg/ml)
 - Krit. Konzentration (< 90%) ab **18,25 h**
- **500 mg in 50 ml Perfusor:**
 - Zerfallshalbwertszeit 159 h (10 mg/ml)
 - Krit. Konzentration (< 90%) ab **24,18h**

Meropenem-Clearance



Preisenberger JA, Köberer A, Frey OR, Fuchs T, Helbig S, Röhr AC, Brinkmann A.

Comparison of different equations to predict meropenem clearance from serum creatinine concentration in critically ill patients. Infection (2013) 41 (Suppl 1): S55