

# Oralisierung bei *S. aureus* Blutstrominfektionen

PEG Jahrestagung Jena (29 April 2025)

Prof. Achim Kaasch

Institut für Medizinische Mikrobiologie und Krankenhaushygiene  
Otto-von-Guericke-Universität Magdeburg



MEDIZINISCHE FAKULTÄT  
UNIVERSITÄTSKLINIKUM MAGDEBURG A. ö. R.



# Keine Interessenskonflikte



# *Staphylococcus aureus*

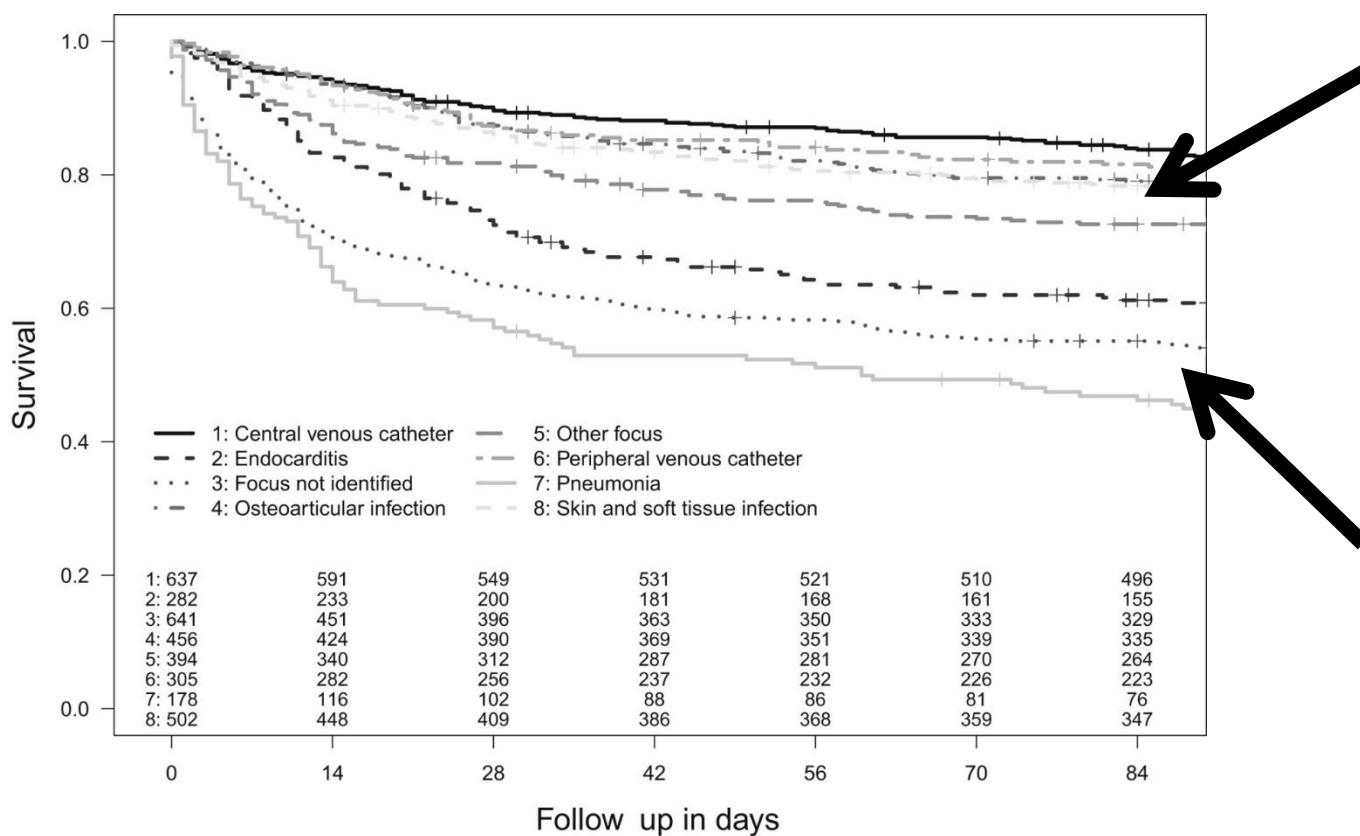
## Blutstrominfektion

- Tiefer Fokus ist häufig
- Wiederkehrende Infektion
- (späte) Streuherde
- Therapiedauer mind. 14 Tage

**Ist eine oral Therapie sicher und wirksam?**



# *S. aureus* bloodstream infection

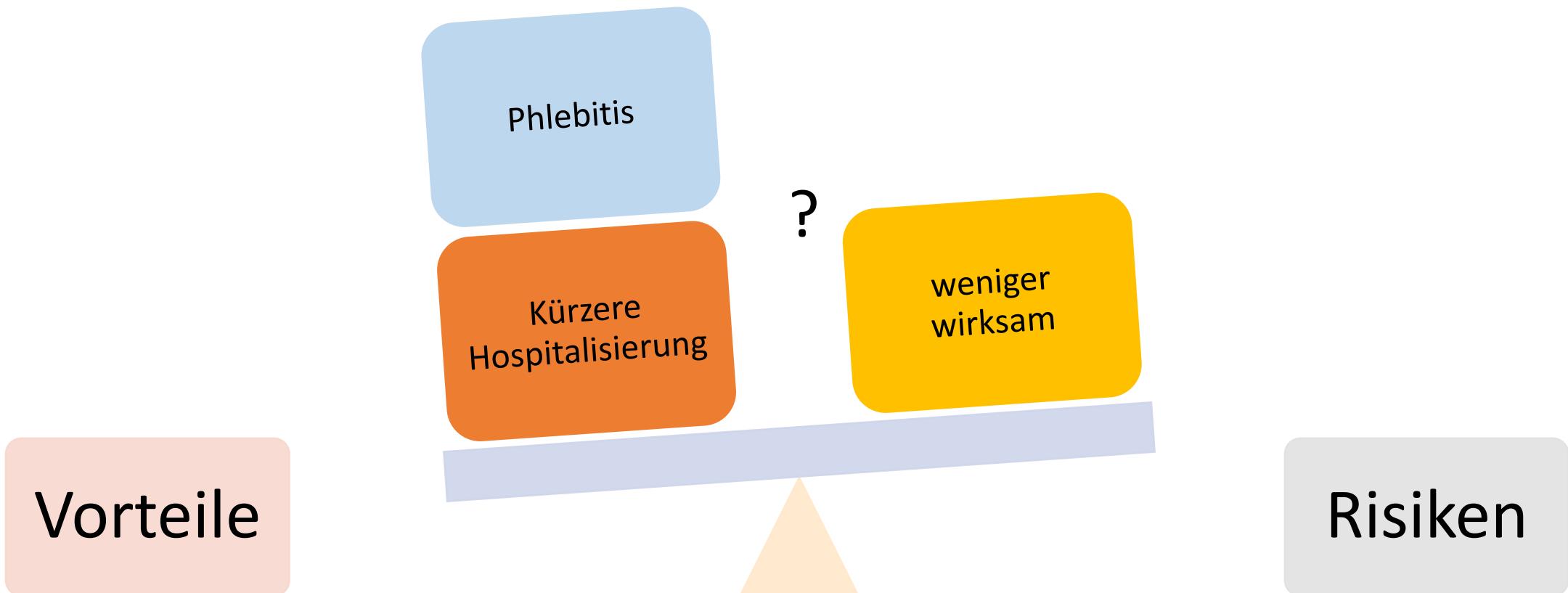


catheter-related, SSTI,  
osteoarticular infection

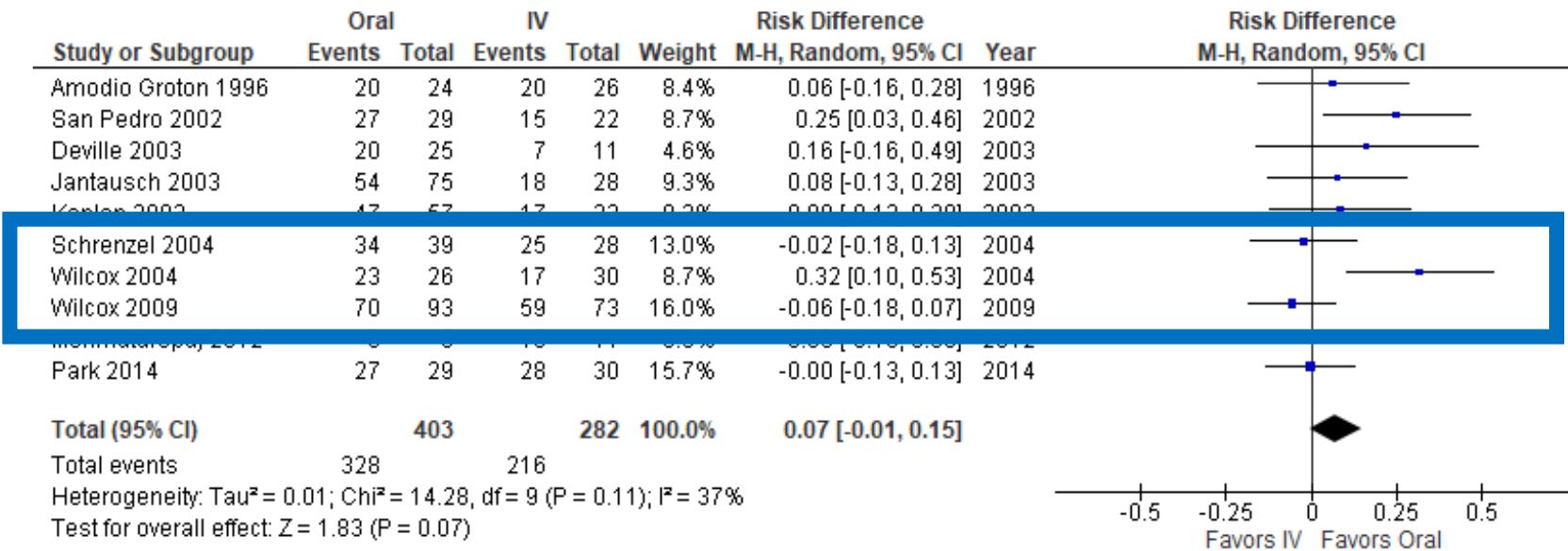
endocarditis,  
unknown focus,  
pneumonia

n=3395  
Kaasch, J Infect, 2014

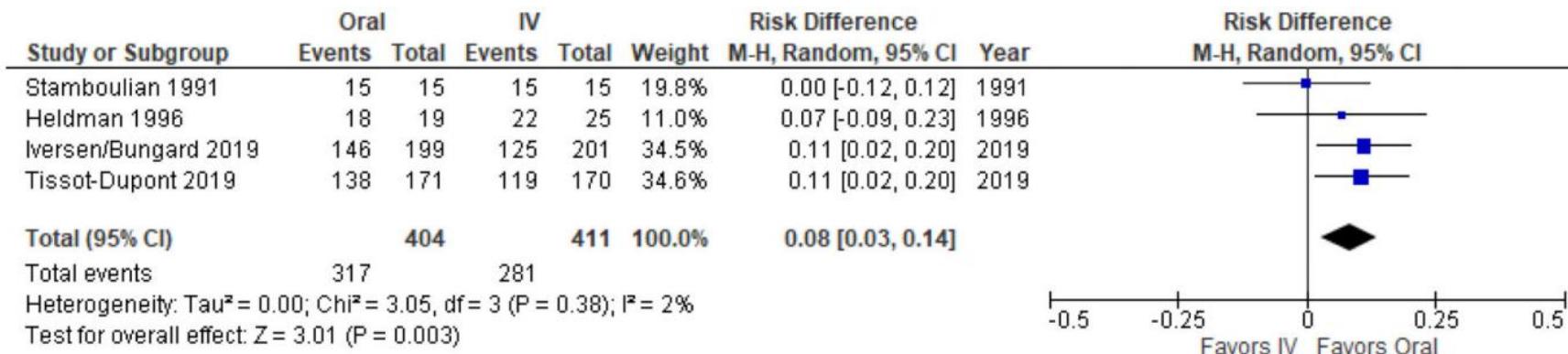
# Oralisierung



# Meta-Analysis RCTs (not specific to *S. aureus*)



## Adult Gram+ Bacteremia

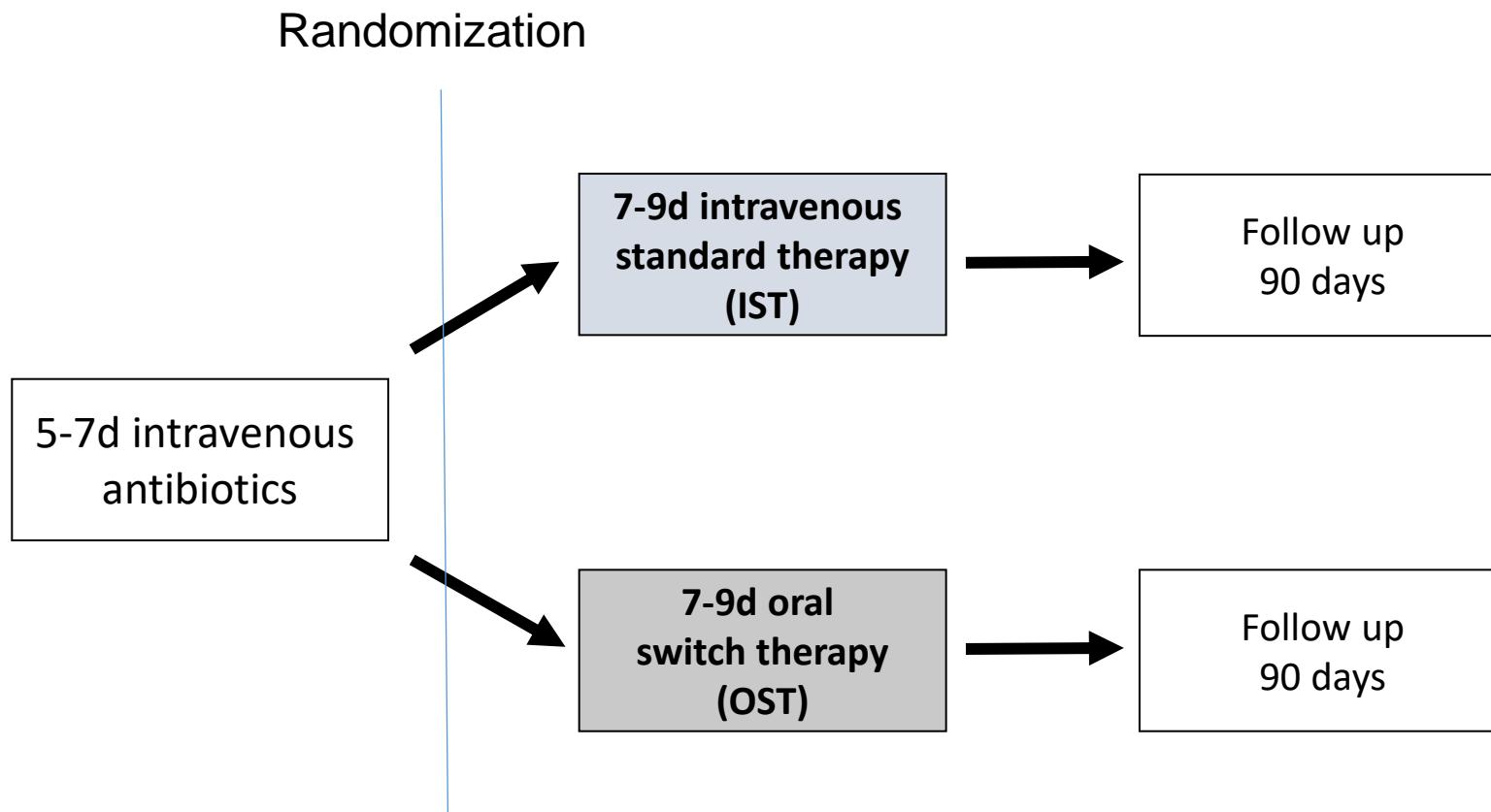


## Endocarditis

# Retrospektive Studien zur SAB

Author	Condition	N (oral/iv)	90-day mortality (oral vs. iv)	Conclusion
Itoh N et al. PLOS One 2018	Uncomplicated MSSAB	32/28	11% vs. 53%	OST not associated with mortality
Willekens R et al. CID 2019	Uncomplicated SAB	45/107	2% vs. 16% (30-day)	Similar outcomes
Bupha-Intr O et al. AAC 2020	Uncomplicated SAB	84/16	2% vs. 6%	EOS possible
Mun SJ et al. J Chem 2022	Uncomplicated SAB	32/71	3% vs. 13% (incl. relapse)	may reduce the duration of hospitalization
Diego-Yagüe I et al. CMI 2023	Uncomplicated SAB	112/118	6% vs. 28%	OST is effective and safe
Jorgensen SCJ et al. JAC 2019	Complicated SAB (OOAT versus OPAT)	70/422	1% vs. 6%	at least equivalent clinical outcomes
Kouijzer IJE et al. CID 2021	Complicated SAB (no IE)	61/45	7% vs. 13%	IV-oral switch is effective and safe
Yeager SD et al. IJAA 2021	MRSA bacteremia (linezolid)	54/161	4% vs. 6%	similar clinical and safety outcomes
Pérez-Rodríguez MT et al. IJID 2021	Any SAB	125/76	7% vs. 16%	Safe option for properly selected patients

# Study Design – „low risk“ SAB



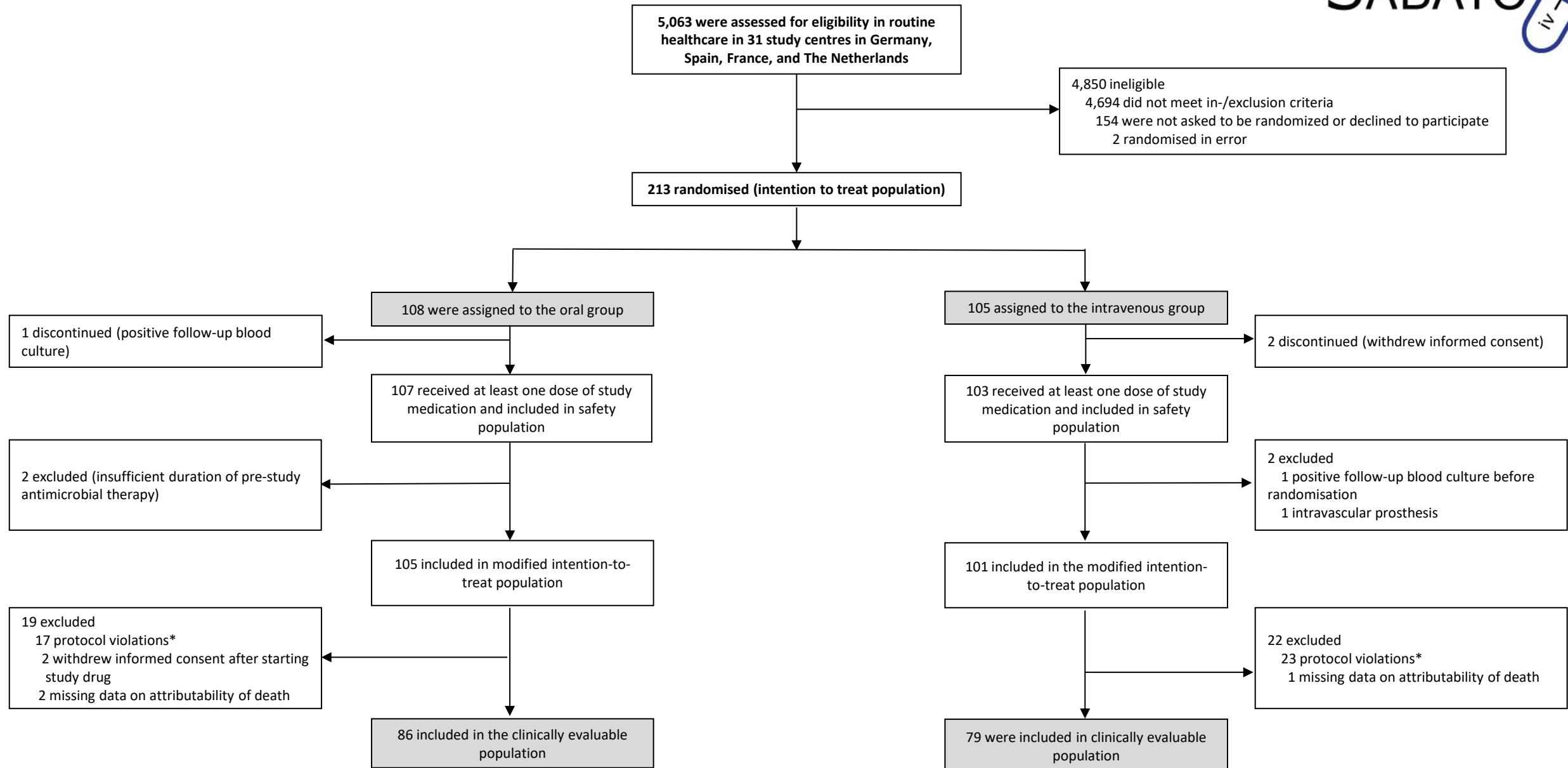
**Primärer Endpunkt**  
 „SAB related complication“  

- Erneute Bakteriämie (Relapse)
- Tiefe Infektion
- attribuierbare Mortalität

# „Low-risk“ *S. aureus* Blutstrominfektion

- Definition
  - Negative Folgeblutkultur nach 24-96 Stunden
  - Keine Zeichen und Symptome von tiefem Fokus oder Streuherden
  - Intravaskuläre Katheter innerhalb von 4 Tagen entfernt
  - Keine Klappenprothese oder Gefäßprothese
  - Keine schwere Immunsuppression



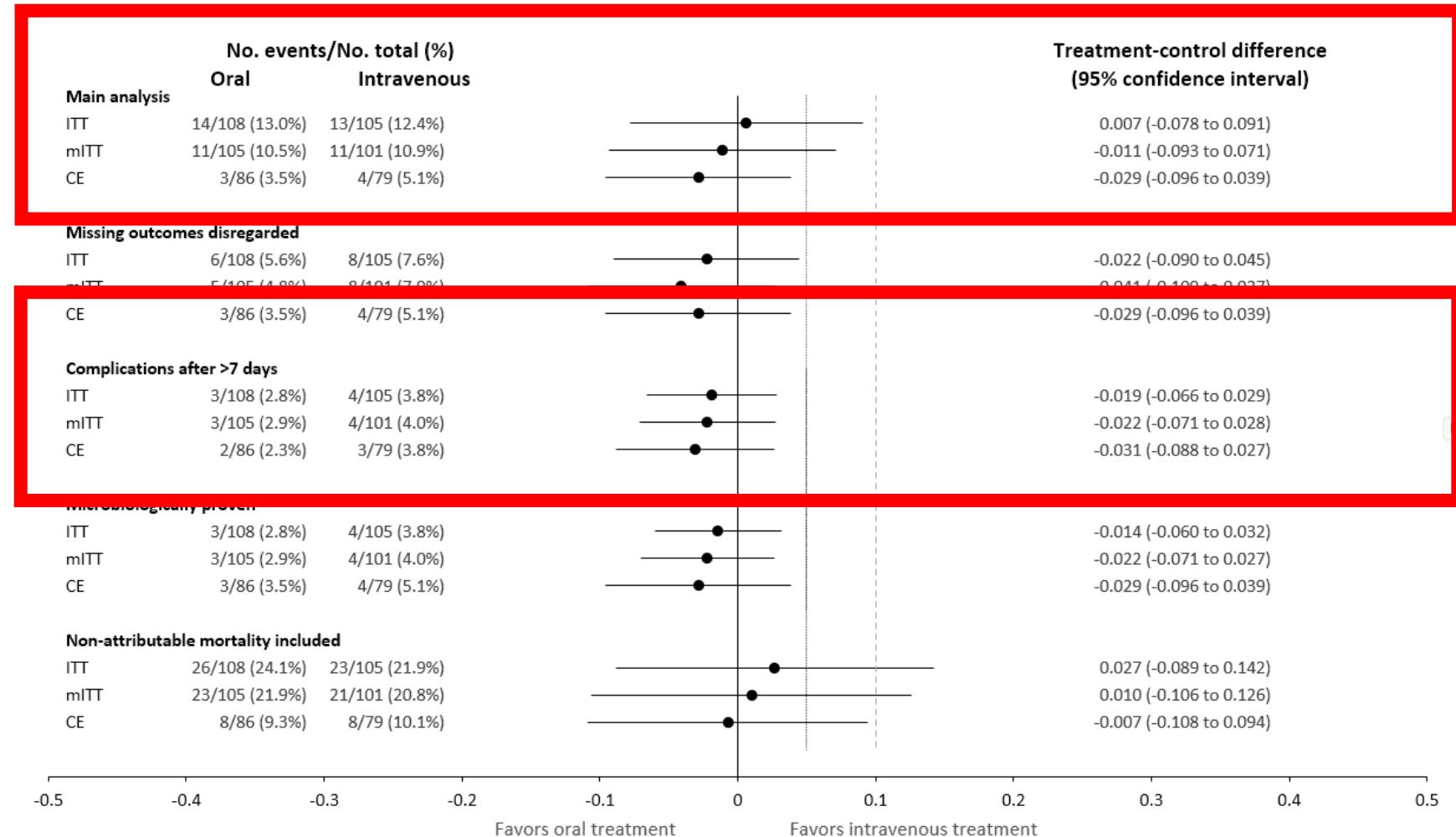


**Trial profile:** Four participants in the oral group and three in the intravenous group were lost to follow-up. \*Some participants had more than one protocol violation

# Baseline characteristics (ITT)

	Oral switch group (n=108)	Intravenous group (n=105)
Male sex – no. (%)	64.4 ±16.8	62.6 ±17.6
Age in years– mean ±SD	71 (65.7%)	77 (73.3%)
Body mass index – mean ±SD	27.6 ±6.7	25.6 ±5.4
Length of hospital stay – days (median, IQR)	10 (7-14)	11 (7-15)
Echocardiography (TTE and/or TEE) performed at randomization ±7 days – no. (%)	69 (63.9%)	60 (57.1%)
Charlson comorbidity index – median (IQR)	3 (1-5)	3 (1-4)
Methicillin-resistant Staphylococcus aureus – no. (%)	6 (5.6%)	10 (9.5%)
CRP in mg/L – median (IQR)	35 (13-70)	23 (10-59)
<b>Main focus of infection</b>		
Peripheral venous catheter	47 (43.5%)	46 (43.8%)
Central venous catheter	24 (22.2%)	25 (23.8%)
Skin and soft tissue infection	26 (24.1%)	22 (21.0%)
Other focus‡	5 (4.6%)	4 (3.8%)
Focus not identified	6 (5.6%)	8 (7.6%)

# Primärer Endpunkt (Relapse, tiefer Fokus, attribuierbare Mortalität)



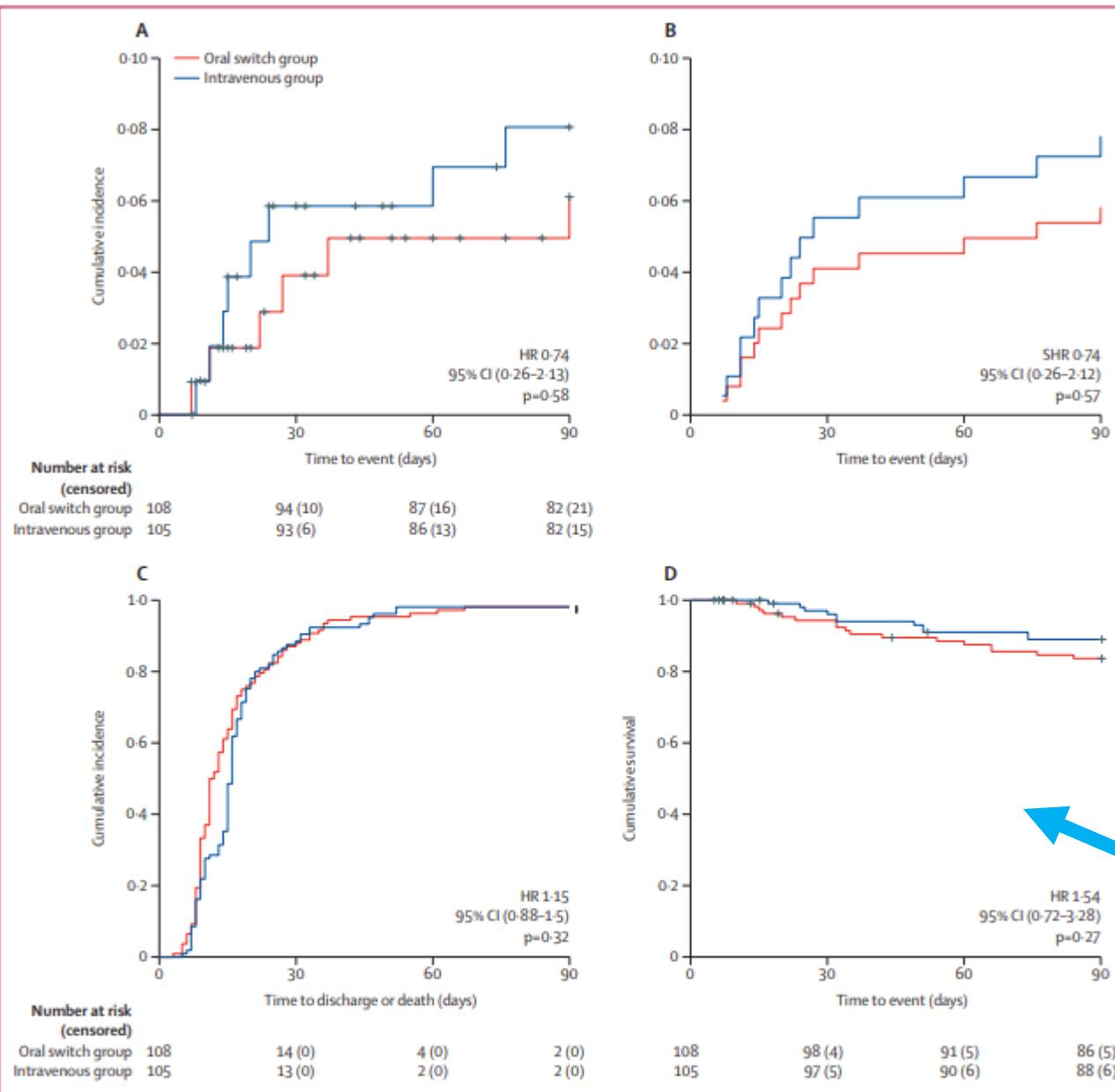


Figure 2: Estimates of cumulative incidence from the date of the first positive blood culture for the intention-to-treat population

(A) Cumulative incidence of the composite primary endpoint, complications related to *Staphylococcus aureus* bloodstream infection, with complications defined as relapsing *S aureus* infection, deep-seated *S aureus* infection, or death attributable to *S aureus* and participants with deaths not attributable to *S aureus* bloodstream infection censored (Kaplan-Meier method). (B) Cumulative incidence of the composite primary endpoint, with mortality not attributable to *S aureus* bloodstream infection considered a competing event (post-hoc sensitivity analysis, Fine and Gray model). (C) Cumulative incidence of hospital discharge or death. (D) Cumulative survival (all-cause mortality, Kaplan-Meier method) with HRs estimated from Cox regression. HR=hazard ratio. SHR=subdistribution hazard ratio.

# „SAB-related complications“

- Orale vs. intravenöse Gruppe: 6 vs. 8 Ereignisse
- 7 Ereignisse in der ersten Woche (z.B. unerkannte Osteomyelitis)

## **Attribuierbare Mortalität (nur in der oralen Gruppe aufgetreten)**

- disseminierte Infektion nach ZVK Infektion
  - 1 Patient: septische Arthritis und Aorten-Dissektion
  - 1 Patient: SAB Relapse und vermutete Dissemination, Wiederaufnahme abgelehnt

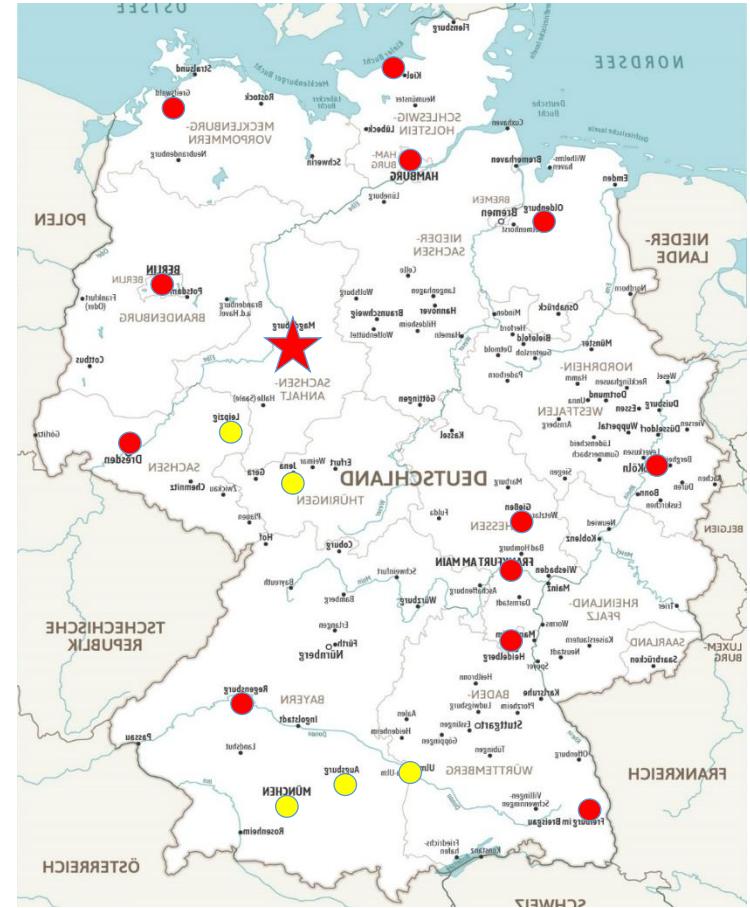
# Und was ist mit „high-risk“ Patienten?

- POET trial - Endokarditis (S. aureus: OR 0.84; 95%-KI 0.15-4.78)
  - OVIVA trial - Knochen- und Gelenkinfektionen (S. aureus: OR 0.89; 95%-KI 0.49-1.59, aber Bakteriämie ausgeschlossen)
- Keine guten Daten für SAB



# *S. aureus* adaptive platform trial

- Globale Plattformstudie
  - Oral switch d7, d14
  - Fluclox vs. Cefazolin
  - Adjunctive Clindamycin
- 131 Zentren: Australien, NZ, Canada, Israel, Singapur, UK, NL, D, Südafrika
- Lead
  - Joshua Davis, Stephen Tong
  - Europe: Marc Bonten
  - D: Achim Kaasch, Siegbert Rieg
- Akt. >4.240 Patienten randomisiert



SACHSEN-ANHALT



netzwerk  
universitäts  
medizin

# Fazit

## SABATO

- Early oral switch ist der Standardtherapie nicht unterlegen
- SNAP wird weitere Daten bringen
- Wichtig: Patienten **genau beurteilen und nachbeobachten** bei oraler Therapie

# SABATO study group



Luis Eduard López-Cortés, Jesús Rodríguez-Baño, José Miguel Cisneros, M. Dolores Navajo, Valiente Adoración, María Macías, Jose A. Lepe, José Molina, María Nuñez, Elisa Moreno, Marina de Cueto, María J. Gómez-Gómez, Rocío Alvarez-Marín (Sevilla) Gerd Fätkenheuer, Norma Jung, Julia Fischer, Gregor Paul, Verena Weiss, Anne Adams, Martin Hellmich, Reinhild Prinz-Langenohl (Köln) Winfried Kern, Siegbert Rieg (Freiburg), Raphaël Lepeule, Laetitia Couttee, Sébastien Gallien, Vincent Fihman, Amina Moussafeur (Creteil), Louis Bernard, Adrien Lemaignen, Marion Lacasse, Francois Coustillieres (Tours), Katrin Kösters, Christian Becker (Krefeld), Colin MacKenzie, André Fuchs, Anna Rommerskirchen (Düsseldorf), Alex Soriano, Laura Morata (Barcelona), Stefan Hagel, Sebastian Weiss, Mathias Pletz, Stephanie Beier (Jena), Bruno Fantin, (Paris), Matthieu Laufaurie, Diane Ponscarme, Jean-Michel Molina, Marion Noret, Nathalie de Castro, Anne-Lise Munier (Paris), Jean-Philippe Talarmin, Lydie Khatchatourian, Nadia Saïdani, Florence Le Gall, Marie-Sarah Fangous (Quimper), Aurélien Dinh, Elisabeth Rouveix, Clara Duan (Garches), Thomas Guimard, Dominique Merrien, Hélène Pelerin, Marine Morrier, Edwige Migne (La Roche-sur-Yon), David Bouteille, Raphaël Lecomte, Anne-Sophie Lecompte (Nantes) Tobias Welte (Hannover), Stefan Reuter (Leverkusen), Jan Kluytmans, Jacobien Veenemans (Breda), Maria Luisa Martin, Helem H. Vilchez, Enrique Ruiz de Gopegui Bordes (Palma de Mallorca), Emmanuel Forestier (Chambéry), Hartmut Stocker (Berlin), Virginie Vitrat (Annecy), Christoph Stephan, Johanna Kessel (Frankfurt), Marc Bonten (Utrecht), Jan Rupp (Lübeck), Laurent Hocqueloux (Orléans), Pierre Tattevin, Enora Ouamara-Digue (Rennes), Frederic Lucht (Saint-Etienne), Jean-Paul Stahl (Grenoble), Anneloes Vlek (Utrecht)



Thank you



OTTO VON GUERICKE  
UNIVERSITÄT  
MAGDEBURG

MEDIZINISCHE FAKULTÄT  
UNIVERSITÄTSKLINIKUM MAGDEBURG A. ö. R.

